Appendix 1: The AGGIR scale 15 items used to determine the GIR group, an indicator of the level of dependency. Each item corresponds to an activity of daily living and is rated A if the subject is usually doing this activity correctly and completely by himself, B if the subject is doing it partially, and C if the subject is not doing it at all. The results are computerized to allocate the subject to one of the 6 GIR groups, using a complex algorithm which has been defined by the French legislation.

1. Coherence: to talk and/or behave with logic and sense

2. Orientation: to find landmarks in the time, moments of the day, and places.

3.a. Toilet - upper body: to ensure correct personal hygiene

3.b. Toilet - lower body: to ensure correct personal hygiene

4.a. Dressing - upper body: to put or pull on clothes through arms or head.

4.b. Dressing - trunk or waist: to button or zip

4.c. Dressing - lower body: to put or pull on clothes through legs, to put shoes on

5.a. Helping oneself for feeding: to cut up meat, to pour, to peel fruits, to open a yogurt

5.b. Eating: to handle food from plate, to eat and swallow

6.a. Elimination - urinary: to ensure urinary elimination

6.b. Elimination - fecal: to ensure fecal elimination

7. Transfers: to stand up, to go to bed, to sit

8. Moving - indoor: with or without technical aid

9. Moving - outdoor: from the doorstep

10. Distance communication: to use telephone, alarms, bells