APPENDIX 1

Prevalence of physical problems

[Bar chart showing the prevalence of various physical problems, such as pain, memory loss, headache, vision difficulties, communication difficulties, shortness of breath, cough, nausea, vomiting, bladder problems, feeling weak, feeling tired, problems sleeping at night, sleepy during daytime, loss of appetite, weight change, swallowing difficulties, change in appearance, restless, mobility problems, fear of falling, and bladder problems, with different levels of prevalence indicated by color codes.]
Prevalence of psychological concerns

Anxiety, Low mood, Confusion, Poor concentration, Loneliness, Feeling everything’s an effort, Feeling life’s not worth living, Wanting to end it all, Negative impact on sex life, People not understanding what I want.
Prevalence of religious and spiritual concerns

- Worrying about death and dying
  - Very much
  - Quite a bit
  - A little bit
  - Not at all

- Having unmet religious and spiritual needs
Prevalence of independence and disability concerns

Losing independence
- Very much
- Quite a bit
- A little bit
- Not at all

Problems with daily activities
- Very much
- Quite a bit
- A little bit
- Not at all

Problems with household tasks
- Very much
- Quite a bit
- A little bit
- Not at all
Prevalence of family and social concerns

Worrying about the effect of my illness on others
- Very much
- A little bit
- Quite a bit
- Not at all

Lack of family support

Needing more help than my family can provide

[Diagram with percentage bars]