Online Supplemental Material

Supplemental Figure 2: Flowchart showing the selection of participants from MONICA study.

3,608 individuals participating in the baseline examination

2,987 participated in both baseline and follow-up examinations

1,852 persons had complete baseline 7-day food records

1,578 had complete information on covariates and measures of height/weight at both baseline and follow-up

1,426 had complete information on genetic variants.

Excluded due to prevalent cancer (n = 16), cardiovascular disease (CVD) (n = 61), or self-reported diabetes (n = 20) at baseline, as well as persons with incident cancer (n = 13), CVD (n = 57), or self-reported diabetes (n = 2) during follow-up.

The final study population included 1,257 individuals