Assessed for eligibility (n=80)

Enrollment

Excluded (n=12)
  ♦ Not meeting inclusion criteria (n=12)

Randomized (n=68)

Allocation

Allocated to placebo (n=34)
  ♦ Received allocated intervention (n=32)
  ♦ Did not receive allocated intervention (n=2)
    • Declined to participate due to personal reasons (n=2)

Allocated to hesperidin 2S (n=34)
  ♦ Received allocated intervention (n=33)
  ♦ Did not receive allocated intervention (n=1)
    • Declined to participate due to personal reasons (n=1)

Follow-up

Lost to follow-up (n=0)
Discontinued intervention (n=1)
  ♦ Non-compliance (n=1)

Lost to follow-up (n=0)
Discontinued intervention (n=1)
  ♦ Medical reason (n=1)

Analysis

Intention-to-treat analysis for primary and secondary endpoints (n=32)

Intention-to-treat analysis for primary and secondary endpoints (n=33)