**SUPPLEMENTAL FIGURE 2**

Association between norepinephrine excretion and 24-hour npRQ (A) or 24-hour energy expenditure (B). Correlations includes the data of all intervention days (n = 15). Spearman`s-rho correlation coefficient. 24h-npRQ, 24-hour non protein respiratory quotient; 24h-EE, 24-hour energy expenditure; BSD, breakfast skipping day; DSD, dinner skipping day.