Online supplementary material

Figure S1: Study design and participant flow.

- Observational data in 10245 itrim weight loss participants between 1 Jan 2006-31 May 2009
- Data from National Patient Register on all in and out patient care in Sweden during 1 Jan 2001 to 31 May 2009
- Data from Prescribed Drug Register on drug use in Sweden between 1 June 2005 to 31 May 2009
- Data from Cause of Death Register until 2011

- Body weight missing at baseline (n=280)
- Participants where centers closed (n=253)
- 1-yr data <10 or >14 months from baseline (n=272)
- Incorrect/missing personal identification number (n=163)
- More than one method of weight loss entered (n=167)
- Missing data on weight loss method (n=72)

- Merged dataset with 9038 starters during Jan 2006-May 2009

- 9037 participants eligible for analysis

- VLCD (n=3773)
- LCD (n=4588)
- Restricted normal food (n=676)

- Included in analysis (n=9037)