Appendix

Questions to test patients' knowledge on anaesthesia

1) What is NOT true about the PAC?
   - At the PAC I get the date of my operation [correct answer]
   - I can eat before I go to the PAC
   - At the PAC I get information on the anaesthesia and additional testing
   - I don't know

2) What is an anaesthesiologist?
   - A medical technician
   - A nurse
   - A doctor [correct answer]
   - I don't know

3) What does “fasting” prior to an operation mean?
   - No drinking of alcoholic beverages the evening prior to the operation
   - 12 hours prior to the operation no eating or drinking
   - 6 hours prior to the operation no eating, 2 hours prior to the operation no drinking [correct answer]
   - I don't know

4) Where do the anaesthesiologist & nurse anaesthetist stay during the operation?
   - They are with me all the time to guard my vital signs [correct answer].
   - They leave the operating room, the surgeon monitors me now.
   - They are always nearby and are called if the surgeon thinks it is necessary.
   - I don't know

5) What is true about the duration of the anaesthesia?
   - It cannot be predicted or influenced
   - It can be prolonged as desired [correct answer].
   - It is determined before surgery and cannot be altered thereafter
   - I don't know

6) What do you know about (severe) pain after surgery?
   - This will be controlled [correct answer]
This cannot be controlled

Severe pain has to be endured.

I don't know

7) Where do you stay straight after the operation?

- After the operation you can go straight home or to the hospital ward
- After the operation you go to the recovery room [correct answer]
- After the operation you stay in the operating room to be monitored
- I don't know