Prolonged survival and delayed progression of pancreatic intraepithelial neoplasia in LSL-KrasG12D+/Pdx-1-Cre mice by vitamin E δ-tocotrienol

Kazim Husain1, Barbara A.Centeno1, Dung-Tsa Chen2, William J.Fulp1, Marta Perez1, Guo Zhang Lee1, Noreen Luetteke1, Sunil R.Hingorani1, Said M.Sehti1 and Mokenge P.Malafa1,5, *

1Department of Gastrointestinal Oncology, H. Lee Moffitt Cancer Center and Research Institute, Tampa, FL 33612, USA, 2Biosististics, H. Lee Moffitt Cancer Center and Research Institute, Tampa, FL 33612, USA, 3Small Animal Modeling and Imaging Core, H. Lee Moffitt Cancer Center and Research Institute, Tampa, FL 33612, USA, 4Divisions of Clinical Research and Public Health, Fred Hutchinson Cancer Research Center, Seattle, WA 98109, USA and 5Drug Discovery, H. Lee Moffitt Cancer Center and Research Institute, Tampa, FL 33612, USA

*To whom correspondence should be addressed. Tel: +813 745 1432; Fax: +813 745 7229; Email: mokenge.malafa@moffitt.org

The highly lethal nature of pancreatic cancer and the increasing recognition of high-risk individuals have made research into chemoprevention a high priority. Here, we tested the chemopreventive activity of δ-tocotrienol, a bioactive vitamin E derivative extracted from palm fruit, in the LSL-KrasG12D+/Pdx-1-Cre pancreatic cancer mouse model. At 10 weeks of age, mice (n = 92) were randomly allocated to three groups: (i) no treatment; (ii) vehicle and (iii) δ-tocotrienol (200 mg/kg × 2/day, PO). Treatment was continued for 12 months. Mice treated with δ-tocotrienol showed increased median survival from the onset of treatment (11.1 months) compared with vehicle-treated mice (9.7 months) and non-treated mice (8.5 months; P < 0.025). Importantly, none of the mice treated with δ-tocotrienol harbored invasive cancer compared with 10% and 8% in vehicle-treated and non-treated mice, respectively. Furthermore, δ-tocotrienol treatment also resulted in significant suppression of mouse pancreatic intraepithelial neoplasms (mPanINs) progression compared with vehicle-treated and non-treated mice: mPanIN-1: 47–50% (P < 0.09), mPanIN-2: 6–11% (P < 0.001), mPanIN-3: 3–15% (P < 0.001). δ-Tocotrienol treatment inhibited mutant Kras-driven pathways such as MEK/ERK, PI3K/AKT and NF-kB/p65, as well as Bcl-XL and induced p27. δ-Tocotrienol also induced biomarkers of apoptosis such as Bax and activated caspase 3 along with an increase in plasma levels of CK18. In summary, δ-tocotrienol’s ability to interfere with oncogenic Kras pathways coupled with the observed increase in median survival and significant delay in PanIN progression highlights the chemopreventive potential of δ-tocotrienol and warrants further investigation of this micronutrient in individuals at high risk for pancreatic cancer.

Materials and methods

Reagents and animals

All chemicals and reagents were purchased from Sigma-Aldrich (St. Louis, MO) unless otherwise specified. δ-Tocotrienol was obtained from Davos Life Science Ltd (Helios, Singapore). LSL-KrasG12D and PDX-1-Cre mice were obtained from the National Cancer Institute Mouse Models of Human Cancers (Frederick, MD). All animal studies were approved by our Institutional Animal Care and Use Committee, following the guidelines of the American Association for the Assessment and Accreditation of Laboratory Animal Care.

Conditional KrasG12D mouse model

LSL-KrasG12D and PDX-1-Cre mice were maintained as heterozygous lines and crossed and bred in our institutional vivarium. Tail snips, harvested from offspring of LSL-KrasG12D and PDX-1-Cre mice, were digested overnight and genomic DNA was extracted and estimated using the DNAsafe kit (Quagen, Gaithersburg, MD), per manufacturer’s instructions.
**Genotyping analysis**

We used the following PCR primer sequences to detect PDX-1-Cre and LSL-KrasG12D (Integrated DNA Technologies, Coralville, IA): PDX-forward = 5′-CTGGACTACATCTTGTTGC-3′, PDX-reverse = 5′-GGTGATTGCTGAATAATTTG-3′, Kras-forward = 5′-AGGTAACCCATGCTAGAATCTGCA-3′ and Kras-reverse = 5′-CCTTTACAGGCACCGAGAATGGAGA-3′. PCR buffer 

**Drug treatments**

**LSL-KrasG12D**: Pdx-1-Cre mice were randomized as follows: (i) no treatment (n = 34); (ii) vehicle (ethanol-extracted olive oil, 1.0 ml/kg twice a day by oral gavage; n = 27), with treatment started at 10 weeks of age and continued for 12 months. The δ-tocotrienol dose was chosen based on reports published previously (22, 23). Mouse body weights were recorded twice weekly, mortality was noted and survival curves were plotted. After 12 months of treatment, animals were euthanized and blood was collected in heparin vials, with the entire pancreas harvested. The pancreatic head, neck, body and tail were separated and snap frozen in liquid nitrogen and kept at -80°C for protein extraction and western blot analysis.

**Histologic evaluation**

Formalin-fixed, paraffin-embedded tissues were sectioned (4 μm) and stained with hematoxylin-eosin. About 10 sections (100 μm apart) from each tissue specimen were evaluated histologically by a single pathologist (B.A.C.) blinded to the experimental groups. mPanIN lesions were classified according to histopathologic criteria as recommended elsewhere (15,27). A representative cross-section of a duct (duct profile) within one lobe was counted as one duct. Care was taken to count structures showing only ductal morphology to prevent counting acinar to ductal metaplasia. To quantify mPanIN lesion progression, the total number of ductal lesions and their grade were determined and the count from one section was used for the analyses. About 100–140 pancreatic ducts of the entire fixed specimen (pancreatic head, neck, body and tail) were analyzed for each animal, with relative proportion of each mPanIN lesion to the overall number of analyzed ducts recorded for each animal.

**Immunohistochemistry**

Immunohistochemistry was performed using the Ventana Discovery XT automated system (Ventana Medical Systems, Tucson, AZ) per manufacturer’s protocol with proprietary reagents. Briefly, slides were deparaffinized on the automated system with EZ Prep solution. Sections were heated for antigen retrieval. For immunohistochemistry, tissue sections were incubated with anticaspase 3 (no. 9661, Cell Signaling, Danvers, MA) at 1:4000 dilution for 60 min, antiphosphorylated MEK (pMEK) (no. 9801, Cell Signaling) at 1:200 dilution for 60 min. Detection was performed using the Ventana Omnimap kit.

**Assessment of immunohistochemical expression**

All stained tissues were examined by one independent observer (B.A.C.). Caspase 3-stained tissues were assessed for expression in non-neoplastic areas and mPanIN. Percent expression was recorded for each area and then averaged for each mouse. Intensity of staining in pERK- and pMEK-stained tissue was assessed as 0 (absent), 1+ (weak), 2+ (moderate) and 3+ (strong). Percentage of cells expressing pERK and pMEK was also recorded for each duct counted, with each duct then assigned a score comprising product of the intensity and the percentage of positive cells. Scores were averaged for each area for each mouse. Percentage of p27 expression, expressed both in perinuclear and in nuclear locations, was recorded for each mouse within each duct, with locations noted and averages rendered for each area. In addition, a low-power assessment of degree of overall staining intensity was assessed.

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**Fig. 1. δ-Tocotrienol (δ-T3) increases median survival of Kras mice.** (A) Genotyping of Pdx-1-Cre and KrasG12D offspring by PCR. Top arrows indicate double-positive genes. (B) Experimental design. (C) Body weights over 12 months by treatment group. Body weight gain was not significantly altered by δ-tocotrienol treatment (by ANOVA). Points, means; bars, standard error (n = 27–34). (D) Kaplan-Meier survival curves. Survival curves were significantly different among the three groups by log-rank test (**P** = 0.025). CI, confidence interval. Pairwise comparison with Bonferroni correction of **P** value showed significant survival increase by δ-tocotrienol treatment versus no treatment (**P** = 0.016).
**Results and discussion**

Although the antitumor activity of δ-tocotrienol has been previously reported, its chemopreventive potential for pancreatic cancer is not known. In this study, we evaluated the effects of this micronutrient on the development and progression of pancreatic tumors in a mouse pancreatic cancer model that is driven by mutant Kras and that faithfully recapitulates human pancreatic carcinogenesis. LSL-Kras<sup>G12D</sup>;Pdx-l-Cre mice were randomized to non-treated, vehicle-treated and δ-tocotrienol-treated groups (Figure 1B). Genotypes were confirmed by analyses of genomic DNA (Figure 1A), and no differences in body weight among all three groups were observed during the entire study period (Figure 1C). Mice were killed when they developed symptoms of terminal pancreatic cancer such as cachexia, abdominal distension and/or labored breathing. Death predictably occurs within 24–72 h after such symptoms appear (28). All of the mice were confirmed at necropsy to have pancreatic cancer. Survival analysis by log-rank test showed statistically significant differences in survival curves among the three groups (P = 0.025). Specifically, median survival beginning from start of treatment at 10 weeks of age was 11.1 months in mice treated with δ-tocotrienol, significantly longer than in controls (8.5 months; P = 0.016, after Bonferroni correction of P value for pairwise comparison; Figure 1D).

Consistent with the above survival data, histopathological examination (Figure 2) showed that δ-tocotrienol-treated mice had a significant delay in progression of mPanIN lesions versus no treatment or vehicle-treated animals (P < 0.001). Only 24% of pancreatic ducts in control and 28% in vehicle-treated animals appeared normal, whereas 44% of pancreatic ducts in δ-tocotrienol-treated animals were normal. Whereas non-treated and vehicle-treated mice had on average 12–15% mPanIN-2 and mPanIN-3, δ-tocotrienol-treated mice had only 2–5%. Furthermore, δ-tocotrienol-treated mice harbored no invasive carcinoma, whereas non-treated and vehicle-treated mice had an average of 8% and 10%, respectively. Our results showed significant suppression of mPanIN progression and inhibition of carcinoma (mPanIN-1: 47–50%, P < 0.05; mPanIN-2: 6–11%, P < 0.001; mPanIN-3: 3–15%, P < 0.001; invasive cancer: 0–10%, P < 0.001).

**Statistical analysis**

For continuous variables (e.g. body weight gain, number of normal ducts and protein expression), data (mean ± standard error mean) were analyzed statistically using one-way analysis of variance (ANOVA) with Duncan’s multiple range tests for pairwise comparison among treatment groups using SAS statistical software. Kaplan–Meier method and log-rank test were used to generate survival curves and test their difference. Bonferroni method was used to correct P values for pairwise comparisons.
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\(P < 0.001\) in \(\delta\)-tocotrienol-treated mice versus that shown in controls (Figure 2B and C). To our knowledge, this is the first report showing that the genetically predetermined progression of mPanIN lesions to invasive cancer in the conditional KrasG12D mouse model can be attenuated by a natural vitamin.

The ability of mutant Kras to induce malignant transformation probably depends on its ability to persistently activate downstream effectors such as Akt and MEK. We therefore reasoned that the ability of \(\delta\)-tocotrienol to prolong median survival and delay PanIN progression may be mediated, at least in part, by interfering with these oncogenic pathways. To this end, we determined the effects of \(\delta\)-tocotrienol on pMEK, pERK, phosphorylated-AKT (pAKT) and NF-κB using both immunohistochemistry and western blot approaches. mPanIN regions harbored high levels of pMEK and pERK in LSL-KrasG12D;Pdx-1-Cre control and vehicle-treated animals. In contrast, markedly decreased pMEK and pERK levels were observed in mice treated with \(\delta\)-tocotrienol (Figure 3A–C and E–G). Staining intensities of pMEK and pERK were significantly reduced in \(\delta\)-tocotrienol-treated animals compared with those shown in controls (\(P < 0.001\); Figure 3D and H). Because it was shown previously that the activated Ras-Raf-MEK-ERK signaling pathway regulates the cell-cycle inhibitor p27Kip1 in pancreatic cancer cells (29), we evaluated the effect of \(\delta\)-tocotrienol treatment on p27Kip1. Consistent with inhibition of the Raf-MEK-ERK signaling pathway, p27Kip1 was significantly induced in \(\delta\)-tocotrienol-treated animals compared with controls (\(P < 0.001\); Figure 3I–L). Western blots were performed to confirm the effects of \(\delta\)-tocotrienol treatment on oncogenic Kras signaling pathways in the pancreatic tissues of the LSL-KrasG12D;Pdx-1-Cre mice. \(\delta\)-Tocotrienol treatment significantly inhibited pAKT, pERK and NF-κB, which are well-known downstream effectors of oncogenic Kras (Figure 4A). Furthermore, consistent with inhibition of these effectors, downstream targets of pERK (i.e. p27Kip1) and those of NF-κB (i.e. Bax) were significantly induced by \(\delta\)-tocotrienol treatment, whereas levels of the prosurvival protein Bcl-xL were decreased (Figure 4A and B). Earlier studies have also demonstrated that tocotrienol inhibited NF-κB-related pro-inflammatory cytokines (30) and Stat3 pathway (31), as well as induced cell-cycle inhibitor p21 expression (32). One of the established anticancer effects of \(\delta\)-tocotrienol is the selective induction of apoptosis of neoplastic cells (22). We confirmed this effect in mPanIN lesions by observing more intense immunostaining of cleaved/activated caspase 3 in \(\delta\)-tocotrienol-treated animals than in controls (\(P < 0.001\); Figure 3M–P). Interestingly, we also detected significantly increased plasma levels of CK18, a surrogate marker of circulating apoptotic epithelial cells, in \(\delta\)-tocotrienol-treated animals.
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Our data clearly suggest that \( \delta \)-tocotrienol is a significant mediator of mutant Kras-induced pancreatic carcinogenesis, possibly by disruption of Kras signaling. Our observation is consistent with recent reports in which compounds that disrupt Kras-associated signaling pathways, such as the epidermal growth factor receptor inhibitor gefitinib (33) and the 3-hydroxy-3-methylglutaryl-CoA reductase inhibitor atorvastatin (34), delayed progression of mPanIN in transgenic mice in which oncogenic Kras expression in pancreatic ductal cells was driven by the p48-Cre promoter (34). Thus, strategies aimed at inhibiting oncogenic Kras signaling pathways may have tumor-preventative potential in pancreatic cancer development.

In conclusion, our study shows that oral intake of \( \delta \)-tocotrienol delayed the progression of mPanIN lesions and ultimately decreased the incidence of invasive pancreatic cancer, thereby prolonging survival of \( LSL-Kras^{G12D} \);Pdx-1-Cre mice. A major concern in chemoprevention is potential toxicity associated with prolonged treatment. We show a new chemoprevention approach that specifically targets oncogenic Kras-transformed pancreatic cells for apoptosis using a vitamin without toxicity. Further studies using this model will elucidate whether this chemopreventive effect can be enhanced by coupling \( \delta \)-tocotrienol with other bioactive food components or targeting agents. Translational studies in early phase clinical trials will validate the biomarkers of \( \delta \)-tocotrienol activity that were observed in this study.

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