

None	54.8	53.6	50.1	51.8	57.1	62.1	
1-4 drinks	18.9	19.1	20.3	20.2	18.5	16.4	
5-14 drinks	15.8	16.3	18.0	16.4	14.9	12.9	
≥15 drinks	10.5	11.0	11.6	11.7	9.5	8.7	
Leisure time physical activity (%)							0.0002
Sedentary	32.8	33.3	30.0	30.4	35.1	35.0	
Mild exercise	44.6	44.4	45.1	45.5	43.0	45.4	
Moderate exercise	22.6	22.3	25.0	24.1	21.8	19.6	
LDL cholesterol, mmol/L (mean +/- SD)	2.2 +/- 0.9	2.1 +/- 0.8	2.2 +/- 0.8	2.2 +/- 0.8	2.3 +/- 0.9	2.2 +/- 0.8	<0.0001
HDL cholesterol, mmol/L (mean +/- SD)	1.2 +/- 0.3	1.2 +/- 0.3	1.2 +/- 0.3	1.2 +/- 0.3	1.2 +/- 0.3	1.2 +/- 0.3	<0.0001
eGFR, mL/min/1.73m ² (mean +/- SD)	75.8 +/- 18.1	78.7 +/- 17.8	77.2 +/- 17.8	75.3 +/- 18.1	74.5 +/- 18.2	72.3 +/- 18.0	<0.0001
Systolic BP, mmHg (mean +/- SD)	131.5 +/- 16.6	128.8 +/- 16.0	131.3 +/- 16.1	131.6 +/- 17.0	132.6 +/- 16.4	133.4 +/- 17.3	<0.0001
Diastolic BP, mmHg (mean +/- SD)	78.7 +/- 10.4	78.4 +/- 10.2	78.7 +/- 10.3	78.8 +/- 10.4	79.2 +/- 10.3	78.2 +/- 10.6	0.3788
BMI, kg/m ² (mean +/- SD)	28.9 +/- 5.0	28.5 +/- 5.0	29.1 +/- 5.1	28.9 +/- 5.0	29.0 +/- 4.8	29.3 +/- 5.2	<0.0001

BMI, body mass index; BP, blood pressure; eGFR, estimated glomerular filtration rate; HDL, high-density lipoprotein; LDL, low-density lipoprotein; MI, myocardial infarction; SD, standard deviation