Bezafibrate administration improves behavioral deficits and tau pathology in P301S mice

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Peroxisome proliferator-activated receptors (PPARs) are ligand-mediated transcription factors, which control both lipid and energy metabolism and inflammation pathways. PPARγ agonists are effective in the treatment of metabolic diseases and, more recently, neurodegenerative diseases, in which they show promising neuroprotective effects. We studied the effects of the pan-PPAR agonist bezafibrate on tau pathology, inflammation, lipid metabolism and behavior in transgenic mice with the P301S human tau mutation, which causes familial frontotemporal lobar degeneration. Bezafibrate treatment significantly decreased tau hyperphosphorylation using AT8 staining and the number of MC1-positive neurons. Bezafibrate treatment also diminished microglial activation and expression of both inducible nitric oxide synthase and cyclooxygenase 2. Additionally, the drug differentially affected the brain and brown fat lipidome of control and P301S mice, preventing lipid vacuoles in brown fat. These effects were associated with behavioral improvement, as evidenced by reduced hyperactivity and disinhibition in the P301S mice. Bezafibrate therefore exerts neuroprotective effects in a mouse model of tauopathy, as shown by decreased tau pathology and behavioral improvement. Since bezafibrate was given to the mice before tau pathology had developed, our data suggest that bezafibrate exerts a preventive effect on both tau pathology and its behavioral consequences. Bezafibrate is therefore a promising agent for the treatment of neurodegenerative diseases associated with tau pathology.

INTRODUCTION

Peroxisome proliferator-activated receptors (PPARs) are a group of nuclear receptor proteins that act as ligand-dependent transcription factors. PPARα, PPARβ and PPARγ are the three known PPAR isotypes. PPARα is predominantly expressed in the liver, kidney, muscle, adipose tissue, heart and, to a lesser extent, brain, whereas PPARβ is found in the brain, adipose tissue and skin and PPARγ is expressed ubiquitously (1). These transcription factors have been linked to lipid transport, metabolism and inflammation pathways (1). Because of this, synthetic PPAR agonists have been generated as therapeutic agents for the treatment of diabetes and metabolic diseases (2,3). PPARs have effects on metabolism and inflammation in both the central nervous system and peripheral tissues, suggesting that they may also play a role in the pathogenesis

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of neurodegenerative diseases, such as Alzheimer’s disease (AD) (4).

Prior reports demonstrated beneficial effects of PPARγ agonists, such as thiazolidinediones (5), in models of AD (6–9), Parkinson’s disease (PD) (10), amyotrophic lateral sclerosis (ALS) (11,12), and Huntington’s disease (HD) (13,14). Fibrates, such as fenofibrate (15), are another class of PPAR agonists that primarily target the PPARα pathway, with smaller effects on PPARβ and PPARγ (16–18). Fenofibrate has shown promising neuroprotective effects in models of neurodegenerative diseases including PD (19) and brain injury (20). Interestingly, the neuroprotective effects of PPAR agonists occur through mechanisms involving a reduction in oxidative stress and inflammation (6–9,20).

Increased phosphorylation and accumulation of tau within neurons are important pathologic hallmarks of AD and tauopathies. Neurofibrillary tangles are more strongly linked to the cognitive impairment occurring in AD than is the deposition of β-amyloid (Aβ) (21,22). Previous reports showed that in vivo PPARγ agonists reduce Aβ and tau phosphorylation in mouse models of AD (23,24). In CHOtau4R cells, a model of tauopathy, administration of troglitazone, also reduced tau phosphorylation (25). In the present study, we investigated whether the pan-PPAR agonist bezafibrate exerts beneficial effects in the P301S transgenic mouse model of tauopathy. Bezafibrate is similar to other fibrates in that it predominantly activates PPARα, but also acts on PPARβ and PPARγ (26). Although PPAR agonists have been linked to the activation of PGC1α and mitochondrial biogenesis, the activation of 5′ adenosine monophosphate-activated protein kinase produces fatty acid (FA) oxidation by activating both PPARα and PGC1α and PGC1β in cardiac muscle, which maintains mitochondrial substrate oxidation and respiration (27,28). We recently showed that bezafibrate had neuroprotective effects in a mouse model of HD (29). The P301S transgenic mice, which express the human tau gene with the P301S mutation, develop progressive tau pathology and accompanied by microglial activation (30,31), synaptic damage (31) and behavioral impairments (32,33). We treated these mice with 0.5% bezafibrate in the diet from 1 to 10 months of age and assessed its effects on tau pathology, markers of inflammation, lipid metabolism and behavior.

RESULTS

Bezafibrate treatment reduced tau pathology and tau hyperphosphorylation in P301S mice

To assess tau pathology in the brains of P301S mice, we used two mouse monoclonal antibodies. MC1 is an anti-human tau antibody and an indicator of early tau pathology related to conformational changes prior to the appearance of paired helical filamentous (PHF) tau (N-terminal conformational change, exon 10, amino acids 5–15 and 312–322). MC1 immunoreactivity appears as non-filamentous cytoplasmic staining in pre-tangle bearing neurons (34,35). AT8 is another anti-human tau antibody that detects PHF-like tau. The epitope of AT8 (around residue 200) is located outside the region of internal repeats and requires the phosphorylation of serines 199 and/or 202 (pSer202/Thr205) (36). An increase in such markers has been previously described in AD and used to evaluate tau pathogenesis (37,38).

As wild-type mice did not show any tau pathology, we quantified MC1 and AT8 immunostaining only in the P301S mice. In 10-month-old P301S mice, MC1 and AT8 immunoreactivity was markedly increased in the hippocampus and cerebral cortex when compared with their wild-type littermates (Fig. 1). Bezafibrate treatment improved both early tau pathological conformational changes and tau hyperphosphorylation, measured by MC1 (Fig. 1A and B) and AT8 (Fig. 1C and D), respectively.

Bezafibrate treatment affected GSK3β phosphorylation in P301S mice

We studied the expression of glycogen synthase kinase-3-beta (GSK3β), a well-characterized serine/threonine protein kinase, which phosphorylates cellular substrates such as the protein tau and is thought to play a major role in tau phosphorylation in vivo (39–41). Administration of bezafibrate significantly decreased protein levels of phospho-GSK3β in P301S mice (Fig. 2A and B). Furthermore, we verified that these effects were not due to an overall inhibition of GSK3β by measuring total GSK3β mRNA and protein levels, which were not altered by bezafibrate treatment in both P301S mice and their wild-type littermates (Fig. 2C and D). It should be noted that no significant changes were seen between P301S mice and their wild-type littermates at baseline regarding levels of GSK3β.

Bezafibrate treatment reduced inflammation in P301S mice

Previous reports showed that P301S mice develop early microglial activation when compared with their wild-type littermates (30,31). In this study, we observed increased microglial activation in 10-month-old P301S mice relative to non-transgenic littermates, as evidenced by elevated cluster of differentiation 11b (CD11b) immunoreactivity in the hippocampus and cerebral cortex (Fig. 3A). Bezafibrate treatment significantly decreased CD11b staining intensity associated with activated microglia in P301S mice (Fig. 3B).

PPAR activation is known to inhibit the transcriptional regulation of several key inflammatory genes (4). Also, considering the important role of inducible nitric oxide synthase (iNOS) and cyclooxygenase 2 (COX2) in the pro-inflammatory responses of microglia, we measured their levels after bezafibrate treatment. Both iNOS mRNA and protein levels were significantly reduced in P301S mice fed a bezafibrate diet relative to P301S mice fed a control diet (Fig. 3C–E). Similarly, COX2 mRNA and protein levels were decreased after bezafibrate treatment in the P301S mice (Fig. 3F–H).

Bezafibrate treatment improved behavioral deficits in P301S mice

The open-field test was used to assess locomotion and exploration. In this test, P301S mice were hyperactive relative to
their wild-type littermates at 5, 7 and 9 months of age (Fig. 4A and B). P301S mice were also disinhibited as evidenced by the increased time spent in the central area of the apparatus (Fig. 4C). Both locomotor and anxiety-related abnormalities were improved in P301S mice fed a bezafibrate diet when compared with P301S mice fed a control diet (Fig. 4).

Bezafibrate treatment affected oxidative stress markers and energy metabolism in P301S mice

We have previously shown that P301S mice have increased protein carbonyl levels starting at 7 months of age (32). Here, we assessed oxidative stress by measuring levels of...
no differences were found in these genes spiratory factor 1 (NRF1) and mitochondrial transcription sirtuin 1 (Sirt1), PPAR downstream targets involved in energy metabolism, such as complex I, succinate dehydrogenase, isocitrate dehydrogenase and malic enzyme (Supplementary Material, Fig. S2B), and protein levels of ATPase (Supplementary Material, Fig. S2C). We did not observe any significant differences in these mitochondrial enzymes with or without bezafibrate treatment in either P301S mice or their wild-type littermates (Supplementary Material, Fig. S2).

Figure 2. Bezafibrate treatment affected GSK3β phosphorylation in P301S mice. (A) Western blots of phospho-GSK3β and total GSK3β, and (B and C) quantification by optical densities in wild-type mice fed a control diet (Wt Cont, n = 5), wild-type fed a bezafibrate (Wt Beza, n = 2), P301S mice fed a control diet (Tg Cont, n = 5) and P301S mice fed a bezafibrate diet (Tg Beza, n = 5). (C) Levels of total GSK3β mRNA in wild-type mice fed a control diet (Wt Cont, n = 7), wild-type fed a bezafibrate (Wt Beza, n = 6), P301S mice fed a control diet (Tg Cont, n = 7) and P301S mice fed a bezafibrate diet (Tg Beza, n = 7). Bezafibrate treatment affected the phosphorylation of GSK3β levels in P301S mice, without affecting total GSK3β mRNA and protein levels (Fisher’s PLSD, *P < 0.05).

Bezafibrate treatment increased FA β-oxidation in the P301S brains

In the brains of P301S mice, there was a trend for an increase in both PPARα and PPARγ gene expression (Fig. 5A). In addition, we examined their downstream targets which are involved in FA β-oxidation pathways, such as peroxisomal acyl-coenzyme A oxidase 1 (ACOX1), carnitine palmitoyltransferase 1A (CPT1A) and 3-hydroxy-3-methylglutaryl-coenzyme A synthase 2 (HMGC2). After bezafibrate treatment, mRNA levels of HMGC2 were significantly increased in P301S mice (Fig. 5B).

To determine whether these effects had functional consequences on FA content, we studied types and levels of free FAs in the brains of P301S mice (Supplementary Material, Table S1). At baseline, we did not detect any significant differences in saturated, mono-unsaturated or total FA levels in P301S mice when compared with their wild-type littermates. However, P301S mice had elevated levels of poly-unsaturated FAs when compared with wild-type mice, as evidenced by a significant increase in linoleic acid (C18:2; Supplementary Material, Table S1). After bezafibrate treatment, the level of linoleic acid was significantly reduced in both wild-type and P301S mice (Supplementary Material, Table S1). There was also a trend toward a decrease in other poly-unsaturated FAs in P301S mice fed the bezafibrate diet relative to P301S mice fed a control diet, such as linolenic acid (C18:3) and eicosapentaenoic acid (C20:5).

To have a better understanding of the impact of bezafibrate diet on brain lipid metabolism, we also conducted a comprehensive lipidomic analysis of the brain tissue derived from wild-type and P301S mice. We found that neither the P301S transgene expression nor the bezafibrate diet caused any major changes in the levels of various lipid classes (Supplementary Material, Fig. S3A). However, two types of alterations were observed in the metabolism of sphingolipids: first, a significant increase in the levels of monoohexyl ceramide (MHCer) was found in the P301S brains from mice treated with a control diet, but not with the bezafibrate diet; second, the wild-type mice on the bezafibrate diet showed an increase in the levels of sulfatide (Supplementary Material,
Interestingly, while no major differences were found in the average carbon lengths and levels of unsaturated fatty acyl groups associated with glycerolipids and phospholipids (Supplementary Material, Fig. S3B and C), several alterations were noted in specific molecular species of various lipid families (Supplementary Material, Fig. S4). Of particular interest were brain lipid changes that correlate with the phenotypic rescue of P301S mice treated with the bezafibrate diet (see the fourth lane in the heat map of Supplementary Material, Fig. S4). These include decreases in various ether phosphatidylcholine (ePCs) species (ePCs 34:0, 36:0, 36:1 and 38:4), diacylglycerol (DGs 34:2, 36:2 and 36:3) and triglycerides (TGs 52:2, 54:3, 58:9, 60:7 and 60:9). The case of DG is particularly interesting as these very same species of DG (i.e. 34:2, 36:2 and 36:3) are increased by the expression of the P301S transgene (see the second lane in the heat map of
Supplementary Material, Fig. S4), indicating that the bezafibrate diet reversed lipid alterations that occur in the brains of mice with the P301S tauopathy. Overall, these data indicate that the brain lipidome is differentially affected by the expression of the P301S transgene, the bezafibrate diet and the two together.

Bezafibrate treatment had beneficial effects in the brown adipose tissue of P301S mice

Body weight and lipid metabolism in the brown adipose tissue were also studied (Fig. 6). Previous reports showed that bezafibrate reduces body weight (42). In our study, both wild-type and P301S mice fed the bezafibrate diet had lower body weights than those fed the control diet (approximately a 30% reduction; Fig. 6A and B). Interestingly, in the brown adipose tissue, P301S mice had an increase in the size and the number of lipid vacuoles when compared with their wild-type littersmates, using both hematoxylin and oil red O staining (Fig. 6C). This phenomenon was not due to the presence of human tau protein, since the human tau protein was not detected using either immunohistochemistry or western blotting with the HT7 antibody (an anti-human tau antibody; Supplementary Material, Fig. S6). However, this pathology was improved after bezafibrate treatment, as evidenced by a reduction in size and number of lipid vacuoles in the brown adipose tissue of P301S mice, similar to our observations in the R6/2 transgenic mouse model of HD (29).

To determine how bezafibrate exerts beneficial effects in the brown adipose tissue of P301S mice, we measured the gene expression of PPARs and their downstream targets involved in energy metabolism as previously done in the brain, including Sir1, Sir3, uncoupling protein 1 (UCP1), PGC1α, NRF1 and Tfam (Fig. 6D–F). It should be noted that there was a trend toward a decrease in PGC1α mRNA in the brown adipose tissue of P301S mice relative to their wild-type littersmates, which may play a role in the lipid pathology. Bezafibrate administration increased both PPARα and PPARγ in the brown adipose tissue of P301S mice (Fig. 6D). Levels of Sir1, PGC1α, NRF1 and Tfam were significantly increased after bezafibrate treatment, suggesting an increase in energy metabolism.

Bezafibrate treatment increased FA β-oxidation in the brown adipose tissue of P301S mice

We also measured the expression of PPAR downstream target genes involved in FA β-oxidation, including ACOX1, CPT1A and HMGCS2 (Fig. 6G). After bezafibrate treatment, the levels of ACOX1, CPT1A and HMGCS2 were significantly increased (Fig. 6G). To investigate the effects of bezafibrate on free FAs in the brown adipose tissue of P301S mice, we generated another cohort of mice and administered 0.5% bezafibrate by intraperitoneal injection in a single dose (Supplementary Material, Table S2). Mice were sacrificed 4 h after the injection. Levels of three saturated FAs were decreased in P301S mice when compared with their wild-type littersmates: docosanoic acid (C22:0), tetracosanoic acid (C24:0) and hexacosanoic acid (26:0). After bezafibrate treatment, levels of saturated
FAs were increased. In particular, levels of hexacosanoic acid were significantly increased in the P301S mice treated with bezafibrate (Supplementary Material, Table S2). Total levels of free FAs did not change after bezafibrate treatment. As in the brains, there was a decrease in all poly-unsaturated FAs in the brown adipose tissues of P301S mice injected with bezafibrate relative to P301S mice injected with a vehicle control (Supplementary Material, Table S2). We conducted a comprehensive lipidomics analysis for the brown adipose tissue and found that two classes of phospholipids, phosphatidylinositols (PIs) and phosphatidylserines (PSs), were significantly down-regulated in the P301S mice treated with
bezaﬁbrate, while there is a trend for an elevation of DG in both wild-type and P301S animals treated with bezaﬁbrate (Supplementary Material, Fig. S3D). A further examination of the levels of individual lipid species showed signiﬁcant changes in the P301S animals treated with bezaﬁbrate including decreases in multiple species of PI and PS containing polyunsaturated FAs and increases in multiple species of DG and TG (the third lane of the heat map of Supplementary Material, Fig. S5). A FA analysis of the phospholipids showed that the acute bezaﬁbrate treatment produced a signiﬁcant increase in short chain phospholipids relative to longer chain phospholipids (Supplementary Material, Fig. S3E), as well as an increase in saturated and monounsaturated phospholipids relative to polyunsaturated phospholipids.

**DISCUSSION**

There is a large body of evidence demonstrating the importance of PPARs in lipid metabolism, energy metabolism and inﬂammation. Several groups have investigated the role of PPARs in the central nervous system and effects of PPARγ agonists, such as pioglitazone and rosiglitazone in models of neurodegenerative diseases (43,44). We previously showed that administration of pioglitazone extended survival and attenuated neuronal loss, gliosis and oxidative damage in a transgenic mouse model of ALS (11), as did another group of investigators (12). Interestingly, neuroprotective effects were also found in transgenic mouse models of AD (45). PPARγ agonists reduced Aβ levels and inﬂammation (6), as well as cerebrovascular dysfunction (8), and behavioral deﬁcits in transgenic mouse models of AD (46). PPARγ agonists also enhance mitochondrial biogenesis (47).

Several clinical trials in AD patients have been initiated using PPARγ agonists. In one study, there was an increase in cerebral glucose metabolism after rosiglitazone treatment in the early stages of the disease (48). In both a pilot trial and a phase II clinical trial, the use of pioglitazone improved memory and cognition in AD patients who did not have apolipoprotein E4 alleles (49). However, in large phase III trials, cognition was not signiﬁcantly improved in AD patients (48,50–52), suggesting that the mechanism of the action of PPARγ agonists in animal models of amyloid deposition may differ from those in humans or that therapeutic intervention once the AD pathology is fully developed may not be efﬁcacious (53). Also, neurofibrillary tangles are not present in most of the animal models of amyloid deposition.

In fact, in AD and tauopathies, very little is known about whether PPARs play any role in the pathologic abnormalities which occur in the tau protein. Tauopathies are a group of diseases in which the predominant pathology is neurofibrillary tangles and hyperphosphorylated tau, including fronto-temporal dementia, cortico-basal degeneration and progressive supranuclear palsy, as well as AD. Tau pathology has been closely linked to the dementia which occurs in AD (21,22). This pathology is also reﬂective of tau oligomer species which have been shown to be released in the interstitial space as well as cerebrospinal ﬂuid (54). Tau oligomers appear to propagate and produce neurotoxic effects (55–57).

In addition to PPARγ, other PPAR agonists have also been tested as potential therapeutic agents for the treatment of neurodegenerative diseases. PPARα agonists, such as fenofibrate, showed promising effects in both 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine and 6-hydroxydopamine mouse models of PD (19). Here, we investigated the role of a pan-PPAR agonist on tau-related pathology. We chose bezaﬁbrate, a well-known PPAR agonist that has been used for more than 25 years in the treatment of elevated TGs and cholesterol. Bezaﬁbrate primarily activates PPARα, but also has some activity on both PPARβ and PPARγ (26,58). Recently, Wenz et al. (59) showed that all three isotypes of PPARs were elevated in the muscle of mice treated with bezaﬁbrate, while another study showed an increase in PPARα and PPARβ (60).

In the present study, we used transgenic mice with the P301S mutation, which causes fronto-temporal dementia in human patients (61–63). These mice develop progressive tau pathology and neurodegeneration with early synaptic deﬁcits, as well as inﬂammation (31). The P301S mice and their wild-type littermates were administered 0.5% bezaﬁbrate (~800 mg/kg/day) in the diet from 1 to 10 months of age. This is a relatively high dose, but we wished to achieve the best possible brain levels to fully assess its effects. Pharmacodynamic analyses in rodents have been conducted with lower doses of bezaﬁbrate, such as 10–100 mg/kg/day, the most clinically relevant dose being 10 mg/kg/day for patients (64–66). However, many groups studying the in vivo effects of bezaﬁbrate in mice used higher doses, such as 0.2% (320 mg/kg) or 0.5% (800 mg/kg) (59,60,67–69). Since bezaﬁbrate crosses the blood brain barrier slowly (70) and we wished to achieve therapeutic effects in the brain, we utilized 0.5% bezaﬁbrate, which is the highest dose that had previously been shown to be tolerable and eﬃcacious in mice (29,59).

After bezaﬁbrate administration, immunoreactivity of both MC1, which immunostains non-ﬁlamentous cytoplasmic tau with a conformational change, and AT8, which immunostains phosphorylated tau, were decreased by 77 and 65%, respectively, in the brains of P301S mice. This demonstrates that bezaﬁbrate reduces ﬁlamentous and non-ﬁlamentous tau pathology. To understand the mechanism by which bezaﬁbrate improves tau pathology, we studied its effects on GSK3β. Phosphorylation levels of tau are regulated by a number of kinases and phosphatases (71,72). However, several reports have shown that GSK3β is a speciﬁc therapeutic target for PPARs. Activation of PPARα by overexpression or treatment with fenofibrate inhibited the phosphorylation of GSK3β (73). Sharma et al. (74) similarly demonstrated that the activation of PPARγ in stable AML-12 hepatocyte cell lines down-regulated GSK3β kinase activity. Even though no major changes were seen between P301S mice and their wild-type littermates at baseline, we found that bezaﬁbrate signiﬁcantly reduced phosho-GSK3β levels.

In addition to tau pathology, P301S mice show early activation of microglia (31). PPAR agonists are well known to reduce inﬂammation by inhibiting the transcriptional regulation of pro-inﬂammatory genes such as the nuclear factor kappa-light-chain-enhancer of activated B cells pathway (75), and we therefore studied microglia activation after bezaﬁbrate treatment. CD11b immunoreactivity, which is a marker for activated microglia, was signiﬁcantly reduced by bezaﬁbrate treatment in the brains of P301S mice. We assessed
levels of iNOS and COX2, which are two critical mediators of inflammation and which are repressed by PPAR activation. Bezafibrate treatment inhibited both iNOS and COX2 expression in the brains of P301S mice. In a model of neuro-inflammation produced by intracerebral injection of lipopolysaccharide in mice, the pharmacological activation of PPARα decreased expression of tumor necrosis factor α (TNFα), COX2 and iNOS as well as other markers of inflammation (76). A PPARβ/ PPARδ agonist also decreased iNOS after septic shock (77). In transgenic AD mice, pioglitazone reduced glial inflammation by decreasing levels of iNOS and COX2 (6). Recently, Escribano et al. found that rosiglitazone inhibited microglial activation by decreasing the expression of TNFα and COX2 in transgenic AD mice. Consistent with these data, rosiglitazone also elevated the expression of the gene CD36 (24). The authors concluded that the PPARγ agonist rosiglitazone induced a switch of microglia activation from the classic (M1) to the alternative phenotype (M2), which could contribute to a reduction in tau accumulation in transgenic AD mice (24).

The beneficial effects of bezafibrate in P301S mice were associated with an improvement in behavioral deficits at various ages. P301S mice are known to be hyperactive and disinhibited when compared with wild-type mice (32,33). In this study, bezafibrate treatment improved both hyperactivity and disinhibition at 5, 7 and 9 months of age. We however did not determine the effects of bezafibrate on cognition. Chronic administration of rosiglitazone prevents early cognitive impairment in young transgenic AD mice and reversed memory decline in aged transgenic AD mice, as shown using the object recognition test (24,46). Further investigation to determine whether bezafibrate has effects on cognition would therefore be worthwhile in future studies.

To confirm that PPAR activation occurred in the brains of our mouse model, we assessed gene expression levels of the three PPAR isotypes (PPARα, PPARβ and PPARγ) and their downstream targets. In bezafibrate-treated P301S mice, there was an increase in both PPARα and PPARβ in the brain. Consistent with PPARα activation being involved in FA β-oxidation (78,79), we found that bezafibrate treatment increased gene expression of HMGCS2. This effect was associated with a reduction in polyunsaturated free FA levels in the brains of P301S mice. Our data are consistent with a previous report showing that in rats, levels of mitochondrial HMG-coenzyme A (CoA) synthase, ACOX and medium chain acyl-CoA dehydrogenase were increased after ciprofibrate administration (80).

To further examine the effects of bezafibrate on the brain lipid metabolism, we conducted a comprehensive lipidomic analysis. Unlike the dramatic changes in subclass lipid composition present in familial AD mouse models (81), we only observed two alternations of sphingolipids with increased levels of MHCer in the untreated P301S mice and sulfatide in wild-type mice in the brain, following treatment with bezafibrate. However, numerous other lipid species were differentially regulated, the most interesting being an elevation of various DG species in the P301S mice followed by its reduction with bezafibrate treatment. This may have important implications since accumulation of DG, a major bioactive lipid, may lead to overactivation of protein kinase C, a biochemical signaling pathway that impairs working memory in rats (82).

We also examined the effects of bezafibrate on energy metabolism and oxidative stress. Indeed, PPARs are known to play a role in the induction of mitochondrial biogenesis via the PGC1α pathway (83,84). Bezafibrate treatment decreased oxidative stress as shown by decreased levels of both protein carbonyls and GSSG/GSH in P301S mice. This effect of bezafibrate was not due to an increase in the activity of mitochondrial electron transport enzymes as they remained unchanged after bezafibrate treatment. Interestingly, bezafibrate augmented gene expression of the Tfam in the brains of P301S mice, which was accompanied by an increase in mtDNA copy number. Although no major changes were observed between P301S mice and their wild-type littermates regarding energy metabolism, it is possible that some of the beneficial effects of bezafibrate may be secondarily mediated by increased mitochondrial biogenesis, which leads to a reduction in oxidative stress (85). This finding may seem paradoxical since bezafibrate improved pathways that did not appear damaged in untreated P301S mice.

We found that body weights of mice treated with the bezafibrate diet were markedly reduced. Even though tau pathology is found mostly in the brain in the P301S mice, we studied the effect of bezafibrate in brown adipose tissue, since it is a tissue which develops marked increases in lipid vacuoles in response to a reduction in PGC1α. Brown adipose tissue, which is used to generate body heat in mammals, contains small lipid droplets also called lipid vacuoles and large numbers of mitochondria (86).

In our study, long-term bezafibrate treatment improved brown adipose tissue pathology in P301S mice, by reducing the size and the number of lipid droplets. To better understand these beneficial effects, we examined the expression of PPARs and their downstream targets in the brown adipose tissue of P301S mice. Both PPARα and PPARγ mRNA levels were increased in the brown adipose tissue. In isolated adipocytes, the activation of PPARα with bezafibrate reduces adipocyte hypertrophy and elevates both adipogenic and FA oxidation-related genes, such as peroxisomal ACOX and CPT1 (87), similar to our observations in the P301S mice. Using a chromatin immunoprecipitation assay, bezafibrate treatment resulted in the recruitment of PPARα to the promoter regions of both adipogenic and FA oxidation-related genes (87). In a mouse model of mitochondrial myopathy, bezafibrate treatment induced FA oxidation in the liver, as evidenced by increases in both the FA translocase CD36 and ACOX1 (69). Similar effects occurred in the muscle of mice treated with bezafibrate (60).

Since we observed a reduction in lipid droplets, we hypothesized that bezafibrate treatment may induce β-oxidation of FAs and lipid oxidation of TG, the major lipid component of brown adipose tissue and/or other lipid classes. To investigate this possibility, we examined the lipidome of brown adipose tissue after acute bezafibrate treatment by intraperitoneal injections. Similar to the brains of P301S mice undergoing long-term treatment of bezafibrate, levels of poly-unsaturated free FAs were reduced in acutely treated mice. These data are consistent with previous data published by Tremblay-Mercier et al. (88) showing that bezafibrate lowered plasma levels of free FAs in patients with hypertriglyceridemia as a result of increased FA β-oxidation in linoleic acid. In our study, further examination.
of the lipidome revealed that only PS and PI were significantly decreased in P301S mice treated with bezafibrate. However, there was a clear shift toward phospholipids with shorter FA chain length and a lower degree of saturation, thereby suggesting that significant lipid remodeling is taking place due to bezafibrate treatment. Interestingly, there was also a trend for an increase in DG in bezafibrate-treated mice, suggesting the potential activation of lipolysis of TG, even within this small time window.

In the brown adipose tissue, beneficial effects of bezafibrate in P301S mice may also be attributed to its ability to increase the expression of energy metabolism genes and mitochondrial biogenesis, such as PGC1α, NRF1, Tfam and Sirt1. These effects of PPAR activation on transcription factors which regulate mitochondrial biogenesis were also observed in other models, such as in the muscle of bezafibrate-treated mice with a mitochondrial myopathy (89) and in the brains of mice treated with rosiglitazone (47). We also found that bezafibrate increased the brain and muscle mitochondrial biogenesis in the R6/2 transgenic mouse model of HD (29). However, in studies of other mice with different myopathies, bezafibrate treatment had no effect on mitochondrial biogenesis (60,69). The effects of bezafibrate on mitochondrial biogenesis therefore appear to vary with the background strains of the mice being studied or with the origin of the mitochondrial dysfunction or its metabolic context.

In conclusion, we showed that bezafibrate exerts beneficial effects in both the central nervous system as well as brown adipose tissue in the P301S transgenic mice. To our knowledge, this is the first in vivo evidence showing that bezafibrate ameliorates tau pathology and behavioral deficits in diseases that manifest tauopathy. The beneficial effects of bezafibrate are associated with its ability to reduce inflammation and stimulate lipid metabolism. Importantly, bezafibrate was administered prior to the appearance of any tau pathology, which supports a possible preventive role of bezafibrate. The present results therefore show that drugs such as bezafibrate may be useful for the treatment of patients with tauopathies or other diseases such as AD, in which tau pathology plays a major role, both administered during symptoms but especially when given during pre-symptomatic stages of the disease.

MATERIALS AND METHODS

Animals and treatment

Animals were generated by breeding P301S transgenic male mice with wild-type female mice, under the original C57BL/6 x C3H background obtained from Jackson Laboratory (Bar Harbor, ME, USA). Offspring were genotyped by polymerase chain reaction (PCR) of tail DNA. P301S transgenic mice and their wild-type littermates were randomly assigned to receive either control diet (LabDiet 5002) or 0.5% bezafibrate diet (Sigma, St Louis, MO, USA) from 1 to 10 months of age ad libitum. The chow was pelleted by Purina-Mills (Richmond, IN, USA).

Behavioral analyses were performed at 5, 7 and 9 months of age. Histopathological and biochemical analyses were conducted at 10 months of age on the same animals. All experiments were approved by the Weill Cornell Medical College Institutional Animal Care and Use Committee.

Behavior

Body weight was recorded once a month from 2 to 9 months of age. Locomotor activity and exploration were assessed in the open-field test as described previously (90). Briefly, mice were placed in the apparatus for a 5 min trial. Distance traveled and rearing frequency were recorded using a video tracking system (Ethovision 3.1, Noldus Technology, Attaborough, MA, USA). As an indicator of exploration and anxiety, the time spent in the periphery and the center of the apparatus was recorded.

Western blotting

After behavioral testing, half of the mice in each group were sacrificed by decapitation. The brains were collected, dissected, snap frozen in liquid nitrogen and stored at −80°C for biochemical studies.

Tissues were homogenized in radioimmunoprecipitation assay buffer with protease and phosphatase inhibitors (Santa Cruz Biotechnology, Santa Cruz, CA, USA). Equal amounts of protein were electrophoresed through 4–12% Tris–Bis NuPage gels (Invitrogen, Carlsbad, CA, USA). After transfer to polyvinylidene fluoride, membranes were blocked in 5% non-fat dry milk in phosphate buffer saline with 0.05% Tween 20 and exposed overnight to the primary antibody at 4°C. Horseradish peroxidase (HRP)-conjugated secondary antibody binding was visualized with enhanced chemiluminescence (Pierce, Rockford, IL, USA).

Primary antibodies and concentrations used for western blotting were: mouse monoclonal anti-GSK3β (1:500, Abcam, Cambridge, MA, USA), rabbit monoclonal anti-phospho-GSK3β (Y216; 1:1000, Cell Signaling, Danvers, MA, USA), rabbit polyclonal anti-COX2 (1:200, Abcam), rabbit polyclonal anti-iNOS (1:500, Santa Cruz Biotechnology) and mouse monoclonal anti-β-actin (1:10 000, Sigma). Quantitative analysis was performed using NIH-based Scion Image software (Scion Corp., Frederick, MD, USA). Statistical analysis was performed using ratios of the densitometric value of each band normalized to β-actin as loading control.

Immunohistochemistry and histology

The remaining mice from each group were deeply anesthetized using sodium pentobarbital and transcardially perfused with ice-cold 0.9% sodium chloride and 4% paraformaldehyde. The brains were collected, dissected, post-fixed in 4% paraformaldehyde followed by gradient sucrose (15 and 30%) and stored in cryoprotectant for immunohistochemical studies.

Sections were cut at 50 μm thickness and stained with the following antibodies: MC1 mouse monoclonal anti-human tau (N-terminal conformational change, Exon 10) (1:500, gift from Dr Peter Davies), AT8 mouse monoclonal anti-human tau pSer202/Thr205 (1:500, Thermo Fisher Scientific, Rockford, IL, USA) and rat monoclonal anti-CD11b (1:1000, AbD Serotec, Raleigh, NC, USA). Immunolabeling was detected by the streptavidin-HRP method and visualized...
after diaminobenzidine incubation (Vector, Burlingame, CA, USA). Quantification was done using five 50 μm serial non-adjacent sections per animal (300 μm apart, from bregma −1.34 through bregma −2.84 through the cerebral cortex and hippocampus). The percentage area occupied by AT8 and the intensity (optical density) of CD11b were measured using Scion Image (Scion Corp.). For the cerebellar cortex, measures were determined within a 0.9 mm² area encompassing the primary (M1) and secondary (M2) motor cortex. The threshold was set at 140. For the hippocampus, the percent area occupied by AT8-labeled structures in the CA1 was determined. The intensity of CD11b-stained microglia in the hippocampus was measured within a 0.9 mm² area using the dentate gyrus as an anatomical landmark. The threshold was set at 140. The number of neurons intensely stained with MC1 were counted using Scion Image (Scion Corp.). There were few MC1 immunoreactive neurons in both the cerebral cortex and the hippocampus. For this reason, stereological analysis was not used because this approach requires a larger number of countable cells by applying the random paradigm. For the cerebral cortex, the number of MC1-positive neurons were counted within a 0.9 mm² area encompassing the primary (M1) and secondary (M2) motor cortex. For consistency, the cingulum was used as a landmark. For the hippocampus, the numbers of MC1-positive neurons were counted in the CA1 region of the hippocampus. Results are expressed as the mean of the numbers of MC1-positive neurons/section.

For the histology, perfused and fixed brown adipose tissues were cut at 16 μm thickness and mounted on slides. Sections were processed for hematoxylin–eosin and oil red O staining to visualize lipid vacuoles in the brown adipose.

Gene expression by quantitative real-time PCR
Fresh frozen tissues stored at −80°C were processed for RNA extraction (Qiagen kit, Valencia, CA, USA). Quantitative real-time PCR was performed at the Weill Cornell Medical College Microarray Core Facility using SyberGreen assays with the ABI Prism 7900HT sequence detection system (Applied Biosystems, Foster City, CA, USA). The following genes were analyzed: PPARα, PPARβ, PPARγ, GSK3β, ACOX1, CPT1A, HMGS2, PGC1α, NRF1, Tfam, UCP1, Sirt1, Sirt3, COX2, iNOS and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) as control. The primer sequences are listed in the Supplementary Material, Method.

Mitochondria characterization

Sample preparation
Dissected, non-perfused frontal lobe samples (~30–55 mg) were stored frozen at −80°C until assaying. Before assays, tissue samples were thawed on ice and homogenized with Dounce-type 2 ml homogenizer (glass vessel/glass pestle). The homogenate was centrifuged at 1000g × 5 min to get rid of nuclear fraction and cell debris; the resulting supernatant was centrifuged at 14 000g × 5 min. The pellet was collected and centrifuged again at 14 000g × 5 min; the final pellet obtained in this step was resuspended in 20 mM 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (pH 7.8) and used for all assays.

Immunoblot analysis: mitochondria-enriched fraction
The protein lysates containing equal amounts of protein were separated by sodium dodecyl sulphate–polyacrylamide gel electrophoresis, electroblotted onto a nitrocellulose membrane (Bio-Rad Laboratories, Hercules, CA, USA) and immunoreacted with an appropriate primary antibody (see below), followed by HRP-conjugated secondary antibodies (Kierkegaard Perry Labs Inc., Gaithersburg, MD, USA). Immunoreactive proteins were visualized by incubating blots in chemiluminescence substrate (Pierce). Quantitative analysis was performed using NIH ‘Image J’ software. Statistical analysis was performed using ratios of the densitometric value of each band normalized to β-actin as a loading control.

Assays
All samples were assayed for the following: complex I activity (Nicotinamide adenine dinucleotide:CoQ reductase, rotenone-sensitive) (91), malic enzyme activity [malate:nicotinamide adenine dinucleotide phosphate (NADP) reductase], isocitric dehydrogenase activity (threo-D-isocitrate:NADP+ reductase), succinate dehydrogenase activity (succinate:CoQ:DCIP reductase, TTFA-sensitive) (92), citrate synthase activity (93), aconitase activity (‘Aconitase Assay Kit’, Cayman Chemical, Ann Arbor, MI, USA), glutathione reductase activity (‘Glutathione Reductase Assay Kit’, Cayman Chemical), superoxide dismutase activity (‘Superoxide Dismutase Assay Kit’, Cayman Chemical), ATPase subunit expression (immunoblotting with anti-ATPase ATP5A1 subunit 1:1000, Invitrogen) and protein carbonyls by 2,4-Dinitrophenol derivatization followed by immunoblotting (‘Oxyblot’ kit, Cayman Chemical). All activities and content values were normalized by protein content (Bicinchoninic acid protein assay, Thermo Scientific, FL, USA).

mtDNA copy number
Frozen tissues stored at −80°C were processed for DNA extraction according to the manufacturer’s protocol (Qiagen kit). The relative mtDNA copy number was determined by quantitative real-time PCR on an ABI PRISM 7900HT Sequence Detection System (Applied Biosystems) using the TaqMan® Universal PCR Master mix and predeveloped TaqMan® Gene Expression Assay primers/probes (Applied Biosystems) for mitochondrial cytochrome oxidase 2 and β-actin (nuclear DNA control). Results were calculated from the threshold cycle values and expressed as the 2−ΔCT of cytochrome oxidase 2 to β-actin.

Lipidomics-lipid extraction
Lipid extraction was performed using a modified Bligh and Dyer protocol and spiked with an internal standard mixture as described previously (81). Mass spectrometry analyses were done with an Agilent Technologies 6490 Ion Funnel liquid chromatography/mass spectrometry (LC/MS) Triple Quadrupole system with front end 1260 Infinity high-performance liquid chromatography (HPLC). Phospholipids and sphingolipids were analyzed by a normal-phase HPLC, while neutral lipids were analyzed using a reverse-phase HPLC. For normal-phase analysis, lipids were separated on a Phenomenex Luna silica column (i.d. 2.0 × 150 mm) using...
a gradient consisting of A: chloroform/methanol/ammonium hydroxide (90:9.5:0.5) and B: chloroform/methanol/water/ammonium hydroxide (55:39:5:0.5), starting at 5% and changing to 70% over a 40 min period as described previously (94). Neutral lipids were separated on an Agilent Zorbax XDB-C18 column (i.d. 4.6 × 100 mm) using an isocratic mobile-phase chloroform:methanol:0.1 M ammonium acetate (100:100:4) at a flow rate of 300 µl/min (94,95). The instrument capillary voltage, sheath gas flow rate, temperature and nebulizer pressure were set to 3000 V, 12 l/min, 300°C and 35 psi, respectively. Multiple reaction monitoring transitions were set-up for quantitative analysis of different lipid subclasses as described previously (81). The solvents employed for sample extractions and liquid chromatography were LC/MS or LC grade when the LC/MS grade was not available and were purchased from Sigma.

Free FA levels

Unesterified FA concentrations were determined for the brain and brown adipose samples using negative electrospray ionization-MS and the selected ion recording mode exactly as described by Clugston et al. (96). All measurements were carried out on a Waters Xevo TQ MS ACQUITY UPLC system (Waters, Milford, MA, USA). The system was controlled by Mass Lynx Software version 4.1. (Waters). The solvents employed for sample extractions and liquid chromatography were the LC/MS or LC grade when the LC/MS grade was not available and were purchased from Thermo Fisher (Pittsburgh, PA, USA).

Oxidative stress markers (HPLC)

Malondialdehyde levels

The HPLC determination of malondialdehyde (MDA) was carried out by a method modified from a previous report by Agarwal and Chase (97). Fresh tissues were homogenized in 40% ethanol solution; 50 µl of sample homogenate or MDA standard was prepared in 40% ethanol; 50 µl of 0.05% butylated hydroxytoluene, 400 µl of 0.44 mM H3PO4 and 100 µl of 0.42 mM 2-thiobarbituric acid (TBA) were added to each. Samples were then vortexed, heated for 1 h at 100°C and immediately cooled with ice water to stop the derivative reaction. The MDA-TBA derivative was extracted by adding 250 µl n-butanol, followed by vortexing and centrifugation. About 50 µl of n-butanol extract was used for the HPLC assay. The HPLC mobile phase used acetonitrile buffer (20:80, v/v, buffer 50 mM KH2PO4, pH 6.8). The column was an ESA of 150 mm (ESA, Inc., Chelmsford, MA, USA) with a mobile phase containing 50 mM LiH2PO4, 1.0 mM 1-octanesulfonic acid and 1.5% (v/v) methanol. The two-channel Coulouchem III electrochemical detector (ESA, Inc., Chelmsford) was set with guard cell potential 950 mV, channel 1 potential 500 mV for GSH detection and channel 2 potential 880 mV for GSSG detection. Concentrations of both GSH and GSSG are expressed as nmol per mg of protein. Protein concentrations of tissue homogenates were measured using the Bio-Rad protein protocol (Bio-Rad Laboratories) and Perkin Elmer Bio Assay Reader (Norwalk, CT, USA).

Statistical analysis

For behavioral data, we used analysis of variance with repeated measurements followed by post hoc Fisher’s PLSD tests for multiple comparisons (comparing four groups: wild-type mice fed a control diet, wild-type mice fed a bezafibrate diet, P301S mice fed a control diet and P301S mice fed a bezafibrate diet). To analyze any other data, we used two-tailed unpaired t-tests (comparing two groups: P301S mice fed a control diet and P301S mice fed a bezafibrate diet) and post hoc Fisher’s PLSD tests for multiple comparisons (comparing four groups: wild-type mice fed a control diet, wild-type mice fed a bezafibrate diet, P301S mice fed a control diet and P301S mice fed a bezafibrate diet; Statview 5.0.1, SAS Institute Inc., Cary, NC, USA). All presented data were expressed as means ± standard errors of the means.

SUPPLEMENTARY MATERIAL

Supplementary Material is available at HMG online.

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Conflict of Interest statement. None declared.

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