Neuronal Tsc1/2 complex controls autophagy through AMPK-dependent regulation of ULK1

Alessia Di Nardo1, Mary H. Wertz1, Erica Kwiatkowski1, Peter T. Tsai1, Jarrett D. Leech1, Emily Greene-Colozzi1, June Goto2, Pelin Dilsiz3, Delia M. Talos3, Clary B. Clish4, David J. Kwiatkowski2 and Mustafa Sahin1,*

1The F.M. Kirby Neurobiology Center, Department of Neurology, Children’s Hospital Boston, Harvard Medical School, Boston, MA 02115, USA, 2Division of Translational Medicine, Department of Medicine, Brigham and Women’s Hospital, Harvard Medical School, Boston, MA 02115, USA, 3Department of Neurology, New York University School of Medicine, New York, NY 10016, USA and 4Broad Institute of Massachusetts Institute of Technology and Harvard University, Cambridge, MA 02142, USA

Received November 13, 2013; Revised February 17, 2014; Accepted March 3, 2014

Tuberous sclerosis complex (TSC) is a disorder arising from mutation in the TSC1 or TSC2 gene, characterized by the development of hamartomas in various organs and neurological manifestations including epilepsy, intellectual disability and autism. TSC1/2 protein complex negatively regulates the mammalian target of rapamycin complex 1 (mTORC1) a master regulator of protein synthesis, cell growth and autophagy. Autophagy is a cellular quality-control process that sequesters cytosolic material in double membrane vesicles called autophagosomes and degrades it in autolysosomes. Previous studies in dividing cells have shown that mTORC1 blocks autophagy through inhibition of Unc-51-like-kinase1/2 (ULK1/2). Despite the fact that autophagy plays critical roles in neuronal homeostasis, little is known on the regulation of autophagy in neurons. Here we show that unlike in non-neuronal cells, Tsc2-deficient neurons have increased autolysosome accumulation and autophagic flux despite mTORC1-dependent inhibition of ULK1. Our data demonstrate that loss of Tsc2 results in autophagic activity via AMPK-dependent activation of ULK1. Thus, in Tsc2-knockdown neurons AMPK activation is the dominant regulator of autophagy. Notably, increased AMPK activity and autophagy activation are also found in the brains of Tsc1-conditional mouse models and in cortical tubers resected from TSC patients. Together, our findings indicate that neuronal Tsc1/2 complex activity is required for the coordinated regulation of autophagy by AMPK. By uncovering the autophagy dysfunction associated with Tsc2 loss in neurons, our work sheds light on a previously uncharacterized cellular mechanism that contributes to altered neuronal homeostasis in TSC disease.

INTRODUCTION

Tuberous sclerosis complex (TSC) is a multisystem disease with an incidence of ~1:6000 worldwide (1). Neurological manifestations include epilepsy, intellectual disability and autism with pathological abnormalities such as cortical tubers (2). TSC is caused by TSC1 and TSC2 mutations that abrogate the activity of the TSC1/2 protein complex. The TSC1/2 complex plays a major role in controlling mammalian target of rapamycin (mTOR), which exists in two distinct complexes: mTORC1 and mTORC2 (3). The TSC1/2 complex functions as a checkpoint for mTORC1 (4), which acts as an inhibitor of macroautophagy (hereafter referred to as autophagy) (5).

Autophagy is a cellular quality-control and metabolic process for the removal of damaged organelles and energy retrieval whereby cytoplasmic material and damaged organelles are engulfed in double membrane vesicles called autophagosomes (6). The latter are delivered to the lysosome to form the autolysosome where the cargo is degraded by lysosomal proteases. The autophagosomal lipidated microtubule-associated protein 1

*To whom correspondence should be addressed: Department of Neurology, Children’s Hospital, 300 Longwood Avenue CLSB 13074, Boston, MA 02115, USA. Tel: +1 6179194518; Fax: +1 6177300242; Email: mustafa.sahin@childrens.harvard.edu

© The Author 2014. Published by Oxford University Press. All rights reserved.
For Permissions, please email: journals.permissions@oup.com
light chain 3 (LC3-II), and the autophagy substrate sequestosome p62/SQSTM1 are often used to monitor autophagy (7,8). The homeostatic function of this pathway is particularly critical for the brain where alterations of autophagy have been associated with several neurological disorders (9). Previous studies have indicated that mTORC1 and the AMP-activated protein kinase (AMPK) act respectively as an autophagy repressor and inducer through differential phosphorylation of the Atg1/Unc-51-like-kinase1 (ULK1) (10–14). Despite the involvement of the mTORC1 pathway in autophagy and its critical role in neuronal function (15), most of the current knowledge on the effect of mTORC1 activity on autophagy is based on studies performed using dividing cells (16,17).

In this study, via knockdown of the Tsc2 gene in a cell culture system, we investigated how activation of mTORC1 affects autophagy in postmitotic neurons. Here, we show that loss of Tsc1/2 complex function and subsequent mTORC1 activation in neurons results in accumulation of the autophagic marker LC3-II and of the autophagy substrate p62. Our data demonstrate that concomitant to mTORC1-mediated inhibited phosphorylation of ULK1 at Ser757, Tsc2-knockdown neurons have increased AMPK-activation and AMPK-dependent activating phosphorylation of ULK1 at Ser555. As a result, Tsc2-knockdown neurons have AMPK-dependent autophagic flux. Importantly, similar autophagy dysfunction was observed in brain tissues of the Tsc1 conditional knockout mice and in cortical tuber specimens from TSC patients.

Our work reveals unexpected autophagy dysfunction specifically associated with loss of TSC1/2 in brain tissue and the molecular mechanism underlying these defects. In contrast to the current knowledge that mTORC1 activation by TSC1/2-loss inhibits autophagy, we show evidence that Tsc2-knockdown neurons display increased accumulation of autolysosomes and autophagic activity through AMPK-dependent activation of ULK1. The autophagy defects identified in this study may help to elucidate the mechanisms that contribute to altered neuronal function in TSC disease.

RESULTS

Loss of Tsc1/2 in neurons results in accumulation of the autophagic marker LC3-II and autophagic organelles

In dividing cells, mTORC1 inhibits autophagy, and accordingly, we found that mTORC1 activation in Tsc1−/− mouse embryonic fibroblasts (MEFs) reduced the level of LC3-II and increased p62 (Fig. 1A–C). Since we had previously shown that knockdown of Tsc2 results in the same morphological and biochemical changes as Tsc1 knockout in dissociated cells (18), we used shRNA interference of the Tsc2 gene to investigate the effect of neuronal Tsc1/2-loss on autophagy. We choose Akt as loading control as it was previously reported unchanged in different models of TSC-loss (19–24). As compared with controls (ctrl-sh), neurons transduced with Tsc2-shRNA (Tsc2-sh) lentivirus displayed decreased Tsc2 protein expression and increased mTORC1 activation as shown by phosphorylation of the mTORC1 downstream target S6 protein (Fig. 1D; Supplementary Material, Fig. S1). Similarly to the MEFs, the Tsc2-sh neurons had increased levels of the autophagy substrate p62 (Fig. 1D and F); however, the LC3-II accumulation (Fig. 1D–E) sharply contrasted with the LC3-II reduction seen in either the Tsc1−/− (Fig. 1A and B) or the Tsc2−/− MEFs (16). Although autophagy is mainly regulated at the posttranslational level, recent findings have shown that certain autophagy genes such as LC3 can be regulated at the transcriptional level (25–27). We confirmed that the Tsc2-sh neurons had a significant reduction in the Tsc2 mRNA expression but no difference in LC3 transcriptional regulation or Tsc1 mRNA expression (Supplementary Material, Fig. S2A–C). The LC3-II accumulation observed in the Tsc2-sh neurons was autophagy dependent as it was significantly reduced by silencing of the atg5 gene, which is essential for autophagosome formation (28) (Supplementary Material, Fig. S3A–C).

To visualize autophagic organelles, we performed immunofluorescent (IF) analysis of neuronal cultures transduced with a lentivirus expressing the membrane associated LC3B tagged to a red fluorescent protein (LV/Red-LC3) (27). Compared with controls, Tsc2-sh cultures had a significant increase in the percentage of neurons with LC3B-positive organelles measured as red puncta (Fig. 1G and H). Similar results were obtained when we expressed the Red-LC3 protein by transient transfection of neurons transduced with a GFP-tagged version of the Tsc2-shRNA virus. No puncta were observed when we expressed the Red alone (Supplementary Material, Fig. S4A–E).

To examine autophagic flux, we monitored LC3-II accumulation in the presence and in the absence of the proton pump inhibitor bafilomycin A1 (bafA1) (29). BafA1 blocks the fusion between autophagosomes and autolysosomes hence an enhancement of LC3-II in the presence of bafA1 indicates presence of autophagic flux while no change indicates inhibition of autophagic degradation. In addition, the ratio of LC3-II (bafA1 treated/untreated) can be used to determine level of flux. Although the reduced ratio of LC3-II indicated that compared with controls Tsc2-sh neurons had lower autophagic flux, we still observed accumulation of LC3-II in the bafA1-treated Tsc2-sh cultures versus the untreated ones, indicating the presence of autophagic activity (Fig. 1K and M). Together, the identification of autophagic organelle accumulation and presence of autophagic activity in the Tsc2-sh neurons suggest that the mechanisms of autophagy regulation in response to reduced Tsc1/2 function differ between neurons and fibroblasts.

Tsc2-sh neurons have mTORC1-independent accumulation of autolysosomes

The identification of autophagic flux in the Tsc2-sh neurons was unexpected given that mTORC1 is a known repressor of the autophagy-initiating kinase ULK1 (10–13). To assess how mTORC1 activity affected autophagy in Tsc2-sh neurons, we examined regulation of ULK1 in neurons in the presence and absence of the mTORC1-inhibitor rapamycin. Tsc2-knockdown neurons showed a rapamycin-sensitive increase in ULK1 phosphorylation at the mTORC1-dependent inactivating site S757.
In addition, rapamycin reversed p62 accumulation as assessed by both western blot and IF staining of Tsc2-sh neurons (Supplementary Material, Fig. S5A–D). Together, these findings suggest that mTORC1 acts as a repressor of autophagy in Tsc2-sh neurons.

Intriguingly, rapamycin did not alter the elevated LC3-II levels in the Tsc2-knockdown neurons (Fig. 2A and C). To directly examine whether mTORC1 activity affected the LC3-II transit through the autophagy pathway, we used the tandem-tagged mCherry-EGFP-LC3B (td-tag-LC3) assay in the absence and presence of rapamycin. The td-tag-LC3 reporter construct is pH sensitive; thus, it allows the expression of LC3 exhibiting both red and green fluorescence when in the autophagosome (RFP+/GFP+ puncta) and red fluorescence only when in the autolysosome (RFP+/GFP− puncta) (27,30). The td-tag-LC3 reporter was able to track autophagic flux faithfully (Supplementary Material, Fig. S6). Compared with controls, the Tsc2-sh neurons displayed a baseline increase in the number of autolysosomes and no change in the number of autophagosomes (Fig. 2D and E). While the autolysosome number was largely insensitive to mTORC1 inhibition, induction of autophagy with rapamycin significantly increased the autophagosomes. The findings that the baseline number of autophagosomes was unchanged despite ULK1 inhibition and that accumulation...
of autolysosomes was rapamycin insensitive indicate that Tsc2-sh neurons have mTORC1-independent mechanism to regulate autophagy.

**Tsc2-sh neurons have AMPK-dependent ULK1 activation and autolysosome accumulation**

Having identified autophagic flux in the Tsc2-sh neurons, we hypothesized the existence of an autophagy initiation signal counteracting mTORC1. We examined regulation of the AMPK, which induces autophagy by direct activating phosphorylation of ULK1 under conditions of energetic stress (11,14). Compared with controls, Tsc2-sh neurons had a significant increase of AMPK activation with higher phosphorylation at T172 (31); moreover, ULK1 phosphorylation was increased at the AMPK-dependent site S555 (Fig. 3A–C). Notably, Tsc2-sh neurons displayed increased AMP levels indicating energetic stress, which is a prerequisite for AMPK activation (Fig. 3F). To confirm that ULK1 phosphorylation at S555 was AMPK dependent, we treated the Tsc2-sh neurons with the pharmacological AMPK inhibitor, compound C (cC) (32). Compared with vehicle-treated neurons, Tsc2-sh neurons treated with cC had a reduction of AMPK activation as shown by decreased phosphorylation of AMPK at T172 and of its direct substrate the regulatory associated protein of mTORC1 (raptor) at S792 (33). Furthermore, cC treatment specifically reduced phosphorylation of ULK1 at S555 while it did not change the mTORC1-dependent ULK1 phosphorylation site S757 or p62 level (Fig. 3A, C and E). Interestingly, ULK1 activation by AMPK was specific to neurons, as Tsc1<sup>−/−</sup> MEFs had no AMPK

---

**Figure 2.** Tsc2-sh neurons have mTORC1-dependent inhibition of ULK1 at S757 and mTORC1-independent accumulation of autolysosomes. (A) Representative western blot of ULK1 and LC3-II regulation in ctrl-sh and Tsc2-sh neurons untreated or treated with 20 nM rapamycin (rapa) for 24 h. Effective mTORC1 inhibition by rapamycin treatment is shown by reduced pS6 phosphorylation at S235/6. Densitometry quantification of p-ULK1 S757 (n = 4) normalized to total ULK1 (B) and LC3-II (n = 3) normalized to total Akt (C) (**P < 0.01; ***P < 0.001). (D) Expression of the td-tag-LC3 vector in control and in Tsc2-sh neurons untreated or treated with 20 nM rapamycin (rapa) for 24 h. Scale bar is 10 μm. (E) Quantification of the number of RFP+/GFP+ puncta (autophagosomes) per neurons or RFP+/GFP− puncta (autolysosomes) per neurons (n ≥ 3, *P < 0.05). Bars represent mean ± s.e.m.
activation or ULK1-S555 phosphorylation (Supplementary Material, Fig. S7). We next addressed whether AMPK inhibition affected autophagic flux. cC treatment abrogated the LC3-II accumulation seen in the Tsc2-sh neurons in the presence of bafA1 and significantly reduced the number of autolysosomes in the td-tag-LC3 assay (Fig. 3G–L). Together, these data indicate that autophagic flux and autolysosome accumulation we observe in Tsc2-knockdown neurons are AMPK dependent.

**LC3-II is increased in brain tissue of TSC mouse models and in cortical tubers of TSC patients**

To investigate whether the autophagy defect seen in the Tsc2-sh neurons also occurs in vivo, we examined Tsc1<sup>−/−</sup>; Nestin<sup>+</sup> and Tsc1<sup>−/−</sup>; L7<sup>+</sup> mice, which have mTORC1 signaling activation in neuronal progenitor cells or cerebellar Purkinje cells (PC), respectively (21,34). Activation of the mTORC1 pathway by Tsc1 gene silencing was confirmed by the increased phosphorylation of S6 at S235/6 in the Tsc1<sup>−/−</sup>; Nestin<sup>+</sup> (Fig. 4A and F). Notably, compared with controls, the brains of Tsc1<sup>−/−</sup>; Nestin<sup>+</sup> mice showed a significant increase in LC3-II (Fig. 4A and B). In addition, the Tsc1<sup>−/−</sup>; Nestin<sup>+</sup> brain lysates displayed significant increase in the phosphorylation of ULK1 at S555 and of raptor at S792, indicating AMPK activation similar to what we observed in Tsc2-knockdown cultured neurons (Fig. 4A, C and E).

The Tsc1<sup>−/−</sup>; L7<sup>+</sup> mice have Tsc1 gene loss in the PC. These mice display autistic-like behaviors including abnormal social interaction, repetitive behavior and vocalization in addition to altered axonal morphology and PC excitability (34). Here, we used a viral vector approach to monitor autophagy. Cerebella of 3- to 3.5-week-old controls and mutant mice were transduced with a mixture of DsRed-LC3 (LV/Red-LC3) and GFP (LV/GFP) lentivirus. The mice were sacrificed 3 weeks after injection, and LV/Red-LC3-positive organelles were identified by examining red puncta in GFP expressing PC. Compared

![Figure 3](image-url)
with controls, Tsc1/c/c; L7+ mice had increased appearance of LV/Red-LC3-positive puncta indicating accumulation of autophagic organelles (Fig. 4G and H). Therefore, the evaluation of autophagy in the brains of both the Tsc1c/c; Nestin+ and the Tsc1c/c; L7+ mice supports our findings that LC3-II and autophagic organelles accumulate under neuronal TSC loss.

To address regulation of autophagy in TSC brain specimen, we used cortical tubers resected from TSC patients in comparison with age-matched and region-match controls. Activation of mTORC1 was confirmed by increased pS6 phosphorylation at S235/6 in the cortical tuber lysates compared with controls (Fig. 5A and F). A significant increase was observed in LC3-II relative to controls (Fig. 5A and B). In addition, the phosphorylation of ULK1 S555, AMPK T172 and raptor S792 were higher in the TSC cortical tubers compared with controls (Fig. 5A, C–E). The identification of LC3-II accumulation and increased AMPK/ULK1 activation in the cortical tubers is consistent with our findings in the Tsc2-sh cultures. Together, these data further support a role for the TSC1/2 complex in the control of neuronal autophagy through AMPK-dependent regulation of ULK1.

**DISCUSSION**

Autophagy is a tightly regulated cellular quality-control mechanism (9). Our work demonstrates that in neurons the Tsc1/2 complex represents a critical node for AMPK-dependent regulation of autophagy. It was previously reported that Tsc1/2-deficient dividing cells have reduced autophagy via mTORC1-dependent inhibition and phosphorylation of ULK1 at S757. However, here we show that Tsc2-sh neurons have autophagic activity through activation of ULK1 via AMPK-dependent phosphorylation at S555 concomitant with mTORC1 inhibition of ULK1. The overall effect of AMPK activation of autophagy is autophagic flux and accumulation of autolysosomes.

Autophagy plays an essential cytoprotective role to help prevent buildup of protein aggregates and damaged organelles particularly critical to postmitotic neurons that cannot dilute the byproducts of cellular metabolism or stress by cell division (6). Several lines of evidence have previously indicated that loss of Tsc1/2 in neurons results in increased stress detrimental for neuronal homeostasis: (i) Tsc2-knockdown in neurons...
leads to higher susceptibility to endoplasmic reticulum and oxidative stress (19), (ii) Tsc1/2-dependent inhibition of mTORC1 is required to regulate autophagy in response to reactive oxygen species (35) and (iii) mouse models of Tsc1/2 loss display increased stress responses (19,21,34). In this study, we also show that Tsc2-knockdown neurons have increased AMP levels thus indicating energetic stress. An open question arising from this work is whether AMPK activation in Tsc2-knockdown neurons may represent a positive feedback on autophagy to help prevent the long-term pathological effect of cellular stress as depicted in our working model (Fig. 6). Consistent with our findings, higher levels of the autophagic organelle marker LC3-II was also found in hippocampal cultures transduced with Tsc1 shRNA, and the same study reported that induction of efficient autophagic flux by Tsc1 overexpression was neuroprotective in a model of cerebral ischaemia (36).

Our data show that despite the AMPK-dependent autophagic activity, Tsc2-sh neurons have p62 accumulation, which was mTORC1 dependent as it was sensitive to rapamycin. Growing evidence suggests that aside from ULK1 suppression, mTORC1 activation can affect autophagy through the regulation of lysosomal biogenesis and function (37,38). Hence, in the Tsc2-sh neurons reduced p62 degradation may result from mTORC1-dependent direct inhibition of autophagy at the termination stages.

Defective autophagy is a hallmark of several neurodegenerative diseases (39). Although TSC has never been classified as a neurodegenerative disease, the increased stress response in the Tsc1+/c; L7+ mice (34) together with the accumulation of autophagic organelles identified by this study (Fig. 4G and H) raise the possibility that uncleared protein aggregates and cellular debris may contribute to the altered cerebellar axonal morphology and PC loss in the mutant mice. Furthermore, the accumulation of autolysosomes we identified in the Tsc2-sh neurons may explain the presence of dysfunctional organelles observed in the enlarged giant cells of the Tsc1/Nestin-rtTA knockout mice at late ages and of vacuole accumulation in the giant cells seen in human tubers (22).

In the brain, Tsc1/2 complex-mediated regulation of mTORC1 is crucial for growth cone dynamics and proper axonal connectivity (20). Remarkably, ULK1 has been implicated in synaptic vesicles transport in Drosophila (40), in axonal elongation in Caenorhabditis elegans (41,42) and in neurite extension in mouse cerebellar granule cells (43). Although it is currently unclear whether the role of ULK1 in autophagy is connected to its other roles in neuronal function, our findings raise the possibility that alteration in ULK1 regulation might contribute to both the defects in autophagy and in neuronal connectivity in TSC.

Depending on the disease status, autophagy has been found beneficial or detrimental. Recently, significant advances have been made in the discovery of autophagy inducers since several studies have shown the beneficial effect of autophagy induction in the clearance of protein aggregates in neuronal tissues affected by defective autophagy (44–46). The finding that increased AMPK-dependent activation of ULK1 counteracts its inhibition by mTORC1 in Tsc2-knockdown neurons suggests that the use of autophagy enhancers may be a potential therapeutic strategy for the neuronal pathology of TSC.

Figure 5. Autophagy in cortical tubers of TSC patients. (A) Representative western blots of LC3-II, ULK1 and AMPK activation in protein lysates from control brain (C1 and C2) and cortical tubers (T1 and T2). (B–F) Quantification of the western blots by densitometry analysis. LC3-II (B) was normalized to actin; p-ULK1 S555 (C), p-AMPK T172 (D), p-raptor (S792) (E) and p-S6 235/6(F) were normalized to the respective total protein bands. Values were expressed as fold change relative to control levels (n = 4 samples/group; *P < 0.05, **P < 0.01). Bars represent mean ± s.e.m.
In conclusion, by uncovering that neuronal Tsc1/2 complex controls autophagy through AMPK-dependent regulation of ULK1, our study provides fundamental insights for the mechanisms that may underlie the neurological manifestations in TSC or TSC-related proteinopathies with defective autophagy.

**MATERIALS AND METHODS**

Rat hippocampal neuronal cultures were prepared as previously published (19). HEK293T cells (ATCC) were used for these studies. Autophagy was monitored by LC3-I to LC3-II conversion, by quantification of Red fluorescent puncta in neuronal cultures transduced with Red-LC3 lentivirus or transiently transfected with the Red-LC3 construct, by the td-tag-LC3 report construct, by EM, by autophagic flux, by LV/Red-LC3 injection in cerebellar vermis and by p62/SQSTM1 accumulation. The Tsc1<sup>+/−</sup>Nestin<sup>+</sup> and the Tsc1<sup>−/−</sup>; L7<sup>+</sup> mice used in this study were previously described (21,34). Experimental procedures were performed in compliance with animal protocols approved by the Animal Research Committee of Boston Children’s Hospital. Human TSC specimens were collected from patients who underwent surgery for medically intractable epilepsy at New York University Langone Medical Center (NYULMC), New York, NY, USA. Postmortem control samples were obtained from the Brain and Tissue Bank for Developmental Disabilities at the University of Maryland, Baltimore, MD, USA. The study was approved by the NYULMC Institutional Review Board. Detailed descriptions are provided in Supplementary Material, Methods.

**SUPPLEMENTARY MATERIAL**

Supplementary Material is available at *HMG* online.

**ACKNOWLEDGEMENTS**

The authors thank members of the Sahin lab for critical reading of the manuscript, Elizabeth Petri Henske, Hilaire C. Lam and David Clapham for helpful discussions, Anthony Hill and Boston Children’s Hospital Intellectual and Developmental Disabilities Research Center for technical assistance (supported by P30HD18655).

Conflict of Interest statement. None declared.

**FUNDING**

This work was supported by Nancy Lurie Marks Family Foundation, Autism Speaks and Boston Children’s Hospital Translational Research Program (to M.S.), National Institute of Health [P01 NS024279 (to D.J.K.) and K08 NS083733 (to P.T.T.)], the Tuberous Sclerosis Alliance (to A.D.N.), FACES [Finding a Cure for Epilepsy and Seizures (to D.M.T.)]. Control human tissue was obtained from the National Institute of Child Health and Human Development- Brain and Tissue Bank for Developmental Disorders at the University of Maryland, Baltimore, MD, USA, contract HHSN275200900011C, Ref. No. N01-HD-9-0011.

