

Supplementary Table SII Women's perception on who brought up the add-on during the fertility consultation/at the IVF clinic.

Who brought it up (n = 770)	Number (%)
I did	136 (17.7)
The fertility doctor did	547 (71.0)
The fertility nurse did	39 (5.1)
I don't know/I can't remember	19 (2.5)
Missing	29

This question was only asked if the selected add-on was not an alternative add-on (acupuncture or Chinese herbal medicine).