INTERNATIONAL SURVEY STUDY

Music Therapy Practice Status and Trends Worldwide

Petra Kern, Ph.D., MT-BC, MTA, DMtG
Daniel Tague, Ph.D., MT-BC

How did you access this survey?
☐ via email  ☐ via social media

I. DEMOGRAPHICS (10 Questions)

1. What is your gender?
☐ Female
☐ Male
☐ Other

2. In which age range do you fall?
☐ 20-29
☐ 30-39
☐ 40-49
☐ 50-59
☐ 60+

3. What is the highest degree (or equivalent) you have completed?
☐ Bachelor’s degree
☐ Master’s degree
☐ Doctoral degree
☐ Other (Please specify.)

☐ [Additional space for other degree information]

4. Which organization do you belong to? (Select organization of the country you reside.)
☐ American Music Therapy Association (AMTA)
☐ Asistencia, Docencia e Investigacion en Musicoterapia (ADIMU)
☐ Asociación Argentina de Musicoterapia (ASAM)
☐ Asociación Chilena de Musicoterapia (ACHIM)
☐ Asociación Colombiana de Musicoterapia (ACOLMUT)
☐ Asociación Española de Musicoterapeutas Profesionales (AEMP)
☐ Association for (Ethno)musiktherapie (BfEM)
☐ Association for Music Therapy (Singapore) (AMT(S))
☐ Asociación Mexicana de Musicoterapia Humanista
☐ Atelier de musicothérapie de Bordeaux (AMBx)
☐ Australian Music Therapy Association (AMTA)
☐ British Association for Music Therapy (BAMT)
☐ Canadian Association for Music Therapy (CAMT)
☐ Centro Studi e Formazione (CESFOR)
☐ Chung Hua Music Therapy Institute
☐ Conservatorio di Musica Pescara
☐ Deutsche Musiktherapeutische Gesellschaft (DMtG)
☐ International Association of Arts Therapies (MAUT)
☐ Japanese Music Therapy Association (JMTA)
☐ Music Therapy Association of the Czech Republic (CZMTA)
☐ Music Therapy New Zealand (MThNZ)
☐ Österreichischer Berufsverband der MusiktherapeutInnen (OEBM)
☐ Polskie Stowarzyszenie Muzykoterapeutów (PSMT)
☐ Universitas Pelita Harapan
☐ Other (Please specify.)

5. What is your organizational member status in your country of residency?
☐ Student
☐ Professional, Music Therapist
☐ Professional, Retired
☐ Professional, Other (Please specify.)

6. How many years have you worked as a music therapist?
☐ Less than 1 year
☐ 1-5 years
☐ 6-10 years
☐ 11-19 years
☐ 20-29 years
☐ 30+ years

7. How did you get your current primary job?
☐ I was referred to this job.
☐ I applied for an existing job.
☐ I created this job at the facility.
☐ I started my own music therapy business.
☐ Other (Please specify.)

8. What is your primary role as a music therapist?
☐ Practitioner
☐ College/University Educator
☐ Researcher
☐ Administrator

9. How many hours do you work as a music therapist per week?
☐ 1-9 hours per week
☐ 10-19 hours per week
☐ 20-29 hours per week
☐ 30-35 hours per week
☐ 36 hours or more per week

10. Do you currently work a second job besides music therapy?
☐ No
☐ Yes (Please specify.)

II. PRACTICE STATUS (10 Questions)

11. What is your primary music therapy work setting? (Select one.)
☐ Childcare
☐ School
☐ Community
☐ Geriatric
☐ Hospice
☐ Medical
☐ Mental Health
☐ Private Practice
☐ Rehabilitation
☐ Wellness
☐ Other (Please specify.)

12. Which population(s) do you most frequently serve as a music therapist? (Select all that apply.)
☐ Alzheimer’s Disease
☐ Autism Spectrum Disorder
☐ Attention-Deficit/Hyperactivity Disorder
☐ Anxiety Disorders
☐ Behavioral Disorder
☐ Bereavement Counseling
☐ Bipolar and Related Disorders
☐ Burn Injuries
☐ Cancer
☐ Cardiac Disease
☐ Children and Youth at Risk
☐ Chronic Pain
☐ Coma/Low Awareness Status
☐ Dementia
☐ Depressive Disorders
☐ Deaf-Blindness
☐ Developmental Disabilities
☐ Dual Diagnosed
☐ Eating Disorder
☐ Emotional Disturbance
☐ Feeding Disorders
☐ Hearing Impairment
☐ Labor and Delivery
☐ Learning Disabilities
☐ Intellectual Disabilities
☐ Medical/Surgical Issues
☐ Mental Health Issues
☐ Multiple Disabilities
☐ Neurological Disorders
☐ Obsessive-Compulsive and Related Disorders
☐ Orthopedic Impairment
☐ Palliative/End of Life Care
☐ Parkinson’s Disease
☐ Postpartum
☐ Premature Infants
☐ Schizophrenia Spectrum
☐ Speech or Language Impairment
☐ Substance-Related and Addictive Disorders
☐ Somatic Symptom and Related Disorders
☐ Stroke and Rehabilitation
☐ Trauma-and Stressor-Relator Disorders
☐ Traumatic Brain Injury
☐ Terminally Ill
☐ Visual Impairment
☐ Music Therapy University Students
☐ Other (Please specify.)

13. Which age range(s) represent the clients with whom you work? (Select all that apply.)
☐ Infant/Children (birth-5)
☐ Children/Pre-teens (6-11)
☐ Teens (12-19)
☐ Young Adults (20-29)
☐ Adults (30-49)
☐ Mature Adults (50-64)
☐ Older Adults (65 and older)

14. On average what is your weekly caseload (individual and group)?
☐ Less than 10 clients per week
☐ 11-20 clients per week
☐ 21-50 clients per week
☐ 51-100 clients per week
☐ 100+ clients per week

15. Which music therapy services do you mainly provide? (Rank 1-3 in order of importance to you.)
☐ Individual Music Therapy
☐ Group Music Therapy
☐ Other Services

16. On average, how long are your individual or group sessions?
   Individual Sessions                               Group Sessions
☐ Less than 30 minutes                                ☐ Less than 30 minutes
☐ 30 minutes                                         ☐ 30 minutes
☐ 45 minutes                                         ☐ 45 minutes
☐ 1 hour                                             ☐ 1 hour
☐ More than 1 hour                                   ☐ More than 1 hour

17. On average, what are your hourly rates for providing an individual session and group session (U.S. Dollars)? (Answer for group and individual if applicable.)
   Individual: $5-9                                   Group: $5-9
☐ Individual: $10-29                                  Group: $10-29
☐ Individual: $30-59                                  Group: $30-59
☐ Individual: $60-79                                  Group: $60-79
☐ Individual: $80-100                                 Group: $80-100
☐ Individual: more than $100                         Group: more than $100
☐ I don’t know                                       ☐ I don’t know

18. On average, what is the duration of your music therapy services to your clients?
☐ Less than 1 month
☐ 1-3 months
☐ 4-12 months
☐ 1-3 years
☐ 4-6 years
☐ 7 years and more
☐ Other (Please specify.)
19. How are your music therapy services funded? (*Rank 1-3 in order of greatest amount of funding.*)
☐ Government Funds
☐ Facility/Hospital Budget
☐ Private Insurance Plans
☐ Donations/Sponsors
☐ Private/Client Pay
☐ I don’t know
☐ Other

20. Which of the following words best describe music therapy practice for you? (*Select three.*)
☐ aesthetic
☐ behavioral
☐ cognitive
☐ domains
☐ emotion
☐ evidence-based
☐ expression
☐ facilitation
☐ functioning
☐ goal-oriented
☐ health
☐ learning
☐ measured
☐ mobilization
☐ well-being
☐ organizing
☐ physical
☐ potentials
☐ psychological
☐ quality of life
☐ relationship
☐ social
☐ spiritual
☐ therapeutic

III. CLINICAL TRENDS (10 Questions)

21. Who is referring clients to you? (*Select all that apply.*)
☐ Teachers
☐ Family Members
☐ Doctors
☐ Therapists
☐ University Professors
☐ Self
☐ Other (*Please specify.*)

22. How often do you assess and document your client’s progress?
☐ continuously and after each session
☐ at the end of each week
☐ every month
☐ once a year
☐ never, as it is not a requirement for me
☐ Other (*Please specify.*)
23. What three goal areas do you most often target in music therapy sessions?
   - Communication
   - Academic/Cognitive
   - Motor
   - Music
   - Emotional
   - Social
   - Spiritual
   - Other (Please specify.)

24. Which clinical approach do you most often apply when working with your clients? (Select only one.)
   - Behavioral Approach to Music Therapy
   - Benzenzon Model of Music Therapy
   - Nordoff-Robbins Music Therapy
   - Psychodynamic Approach to Music Therapy
   - The Bonny Method of Guided Imagery and Music
   - Neurologic Music Therapy
   - Other (Please specify.)

25. Which of the following music therapy techniques do you mainly use in your sessions? (Select all that apply.)
   - Singing and Vocalization
   - Instrument Play
   - Movement and Dance
   - Musical Improvisation (free and thematic)
   - Music combined with other media (e.g., musical drama)
   - Songwriting and Composition
   - Computer-based music activities (e.g., making music videos; use of music apps)
   - Listening to pre-recorded music
   - Listening to live music
   - Other (Please specify.)
26. How much do you agree or disagree with the following statements about music therapy in the country you reside?

Music therapy is well-known.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapists are well-respected professionals.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapists are adequately paid.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapists are well trained.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapy students receive sufficient practical experiences.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapists adhere to a high standard of clinical practice.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapists are good musicians.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapists are strong leaders.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Music therapists value the therapeutic relationship.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

27. How confident are you in providing effective music therapy services to your clients?
☐ Extremely confident
☐ Quite confident
☐ Moderately confident
☐ Not confident

28. What information or music therapy training opportunities would you like to see offered, and in what manner? (Select all that apply.)

Please describe opportunities you would like to see offered.

☐ World Congress Concurrent Sessions
☐ Short Online Courses
☐ Self-Study
☐ Formal Training (i.e., credentialed or certified)
29. Tell us your thoughts about the importance of a global music therapy certificate. *(Please specify.)*


30. Please share any thoughts or predictions you may have about the future of music therapy practice in your country.


THANK YOU FOR YOUR PARTICIPATION IN THIS SURVEY!


Note: This questionnaire has been developed by the authors in collaboration with 13 key partners. Please address correspondence to Dr. Petra Kern at petrafkern@musictherapy.biz