Supplemental Table 1: Food Insecurity Questions on NHANES’ Core Food Security Module

1. “We worried whether our food would run out before we got money to buy more.” Was that often, sometimes, or never true for you in the last 12 months?
2. “The food that we bought just didn’t last and we didn’t have money to get more.” Was that often, sometimes, or never true for you in the last 12 months?
3. “We couldn’t afford to eat balanced meals.” Was that often, sometimes, or never true for you in the last 12 months?
4. “We relied on only a few kinds of low-cost food to feed our children because we were running out of money to buy food.” Was that often, sometimes, or never true for you in the last 12 months?
5. In the last 12 months, did you or other adults in the household ever cut the size of your meals or skip meals because there wasn’t enough money for food? (Yes/No)
6. “We couldn’t feed our children a balanced meal, because we couldn’t afford that.” Was that often, sometimes, or never true for you in the last 12 months?
7. In the last 12 months, did you ever cut the size of your meals or skip meals because there wasn’t enough money for food? (Yes/No)
8. (If yes to Question 5) How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?
9. “The children were not eating enough because we just couldn’t afford enough food.” Was that often, sometimes, or never true for you in the last 12 months?
10. In the last 12 months, were you ever hungry, but didn’t eat, because you couldn’t afford enough food? (Yes/No)
11. In the last 12 months, did you lose weight because you didn’t have enough money for food? (Yes/No)
12. In the last 12 months, did you ever cut the size of any of the children’s meals because there wasn’t enough money for food? (Yes/No)
13. In the last 12 months did you or other adults in your household ever not eat for a whole day because there wasn’t enough money for food? (Yes/No)
14. In the last 12 months, were the children ever hungry but you just couldn’t afford more food? (Yes/No)
15. (If yes to Question 13) How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?
16. In the last 12 months, did any of the children ever skip a meal because there wasn’t enough money for food? (Yes/No)
17. (If yes to Question 16) How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?
18. In the last 12 months did any of the children ever not eat for a whole day because there wasn’t enough money for food? (Yes/No)

Notes: Responses in bold indicate an “affirmative” response. This measure is taken from (8).