Supplemental Figure 1: CONSORT 2010 Flow Diagram

Assessed for eligibility ($n = 1{,}136$)

- Excluded ($n = 936$)
  - Not meeting inclusion criteria, $n = 921$
  - Required number of subjects reached, $n = 15$

Randomized ($n = 200$)

Allocated to intervention ($n = 100$)
- Lost to follow-up ($n = 0$)
- Discontinued intervention
  - Moved away, unreported pre-existing health problem, did not want to continue, $n = 5$

Allocated to control ($n = 100$)
- Lost to follow-up (Absent from school) ($n = 1$)
- Discontinued intervention
  - Moved away, did not want to continue, $n = 2$

Analyzed ($n = 95$)

Analyzed ($n = 97$)