Supplementary Figure 1

A

Subjective desire to eat rating

B

Subjective thirst rating

C

Subjective nausea rating
Online Supporting Material for Astbury et al.

Subjective Desire to eat (A), Thirst (B) and Nausea (C) ratings assessed using 100 mm visual analogue scales (VAS) in healthy men response a liquid preload and lunchtime test meal in B and NB trials. The preload was consumed 150min after the breakfast, and the lunchtime test meal was consumed ad libitum 90 min after the preload.

Values are means ± SEM, n=12.

* Different from B, P<0.05.

BL represents the baseline (fasting) measurement, PL represents the measurement collected immediately prior to the preload, 150 min after breakfast in the B trial, and its corresponding time point in the NB trial.