Online Supporting Material

CONSORT 2010 Flow Diagram

**Enrollment**
- Diet/probiotics (n=85)
- Diet/placebo (n=86)
- Control/placebo (n=85)

**Assessed for eligibility (n=256)**
- Excluded (n=85)
  - Not meeting inclusion criteria (n=85)
- Included and allocated to intervention (n=45)
  - Excluded (n=41)
- Included and allocated to intervention (n=45)
  - Excluded (n=40)

**Follow-Up**
- Discontinued intervention and lost to follow-up (n=0)
- Discontinued intervention and lost to follow-up (Samples of the child, unknown) (n=2)

**Analysis**
- Analyzed at birth (n=31)
  - Excluded from analysis (n=0)
  - Blood samples not available (n=14)
- Analyzed at birth (n=28)
  - Excluded from analysis (n=0)
  - Blood samples not available (n=15)

**Follow-Up**
- Discontinued intervention and lost to follow-up (Moved, unwilling to continue) (n=2)
- Discontinued intervention and lost to follow-up (Samples of the child, unknown n 2) (n=3)

**Analysis**
- Analyzed at 1 month (n=33)
  - Excluded from analysis (n=0)
  - Blood samples not available (n=10)
- Analyzed at 1 month (n=31)
  - Excluded from analysis (n=0)
  - Blood samples not available (n=9)