Supplemental Figure 1: Participant recruitment, treatments and retention

Assessed for eligibility (n = 199)

- B12 < 75 pmol/L (n = 12)
  - Treated with B12 i.m. and orally

- Stratified on basal serum B12 and randomized (n = 137)

- Did not participate (n = 20)
  - Hb < 120 g/L (n = 35)
    - Treated with iron and micronutrients

- Age > 60 y (n = 3)
  - Refused to participate (n = 2)

Treatment (n = 70)
  - Serum B12 deficient (n = 14), marginal (n = 25), adequate (n = 33)

Placebo (n = 62)
  - Serum B12 deficient (n = 12), marginal (n = 22), adequate (n = 28)