1317 children screened

1 Chronic disease
2 Severely anemic
20 Children refused to participate
2 Parents refused to participate
35 Long absent from school
856 Children not iron depleted

200 assigned
Iron-fortified meal intervention

3 Chronic illness
7 Left the study area
2 Children refused to continue
2 Parents refused to participate

186 completed follow-up

201 assigned
Control meal intervention

1 Intolerance to wheat meal
2 Left the study area
1 Long absent from school
2 Children refused to continue
2 Parents refused to participate

193 completed follow-up