Online Supporting Material

A

Plasma Blood Glucose (mmol/L)

Time (min)

B

Plasma Blood Glucose (mmol/L)

Time (min)
Supplemental Figure 3. Within-participant comparison of postprandial plasma blood glucose levels following ingestion of the starch and glucose solutions in the LA (A) and HA (B) groups. Values represent means ± SE, n= 7 in each group.