SUPPLEMENTAL FIGURE 1 Plasma glucose concentrations after ingestion of wheat bread or rye bread without or with berries (means ± SEM). The breads contained 50 g available starch. n = 15 (A; Study 1), 13 (B; Study 2) or 20 (C, D; Study 3). In all cases, P > 0.05 for meal × time interaction in the mixed-model analysis. RB, rye bread; WB, wheat bread.