**Supplemental Figure 3.** Estimated changes in biomarker concentrations of B vitamin status with changes in the lifestyle variables smoking and dietary supplement use using data for adults ≥20 y, NHANES 2003–2006.

Changes derived from a multiple linear regression model adjusting for sociodemographic and lifestyle variables (model 3); change in a covariate was carried out while holding any other variables in the model constant; asterisk accompanying the percent change in the data label indicates significance ($P < 0.05$)

“Smoker” defined by serum cotinine concentration >10 µg/L
“Supplement user” defined as participant who reported taking a dietary supplement within the past 30 d
4PA, 4-pyridoxic acid; B12, vitamin B12 (total cobalamin); MMA, methylmalonic acid; PLP, pyridoxal-5’-phosphate; RBC-FOL, RBC folate; S-FOL, serum folate; tHcy, total homocysteine