The correlation between dental calculus and disturbed mineral metabolism in paediatric patients with chronic kidney disease

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Abstract
Background. Vascular calcifications have been documented in children with end-stage renal disease. However, only a few reports have described abundant dental calculus formation in children suffering from chronic kidney disease (CKD). Moreover, dental calculus scores (DCS) and their correlation with renal disease severity have not been studied.

Methods. DCS in 74 young CKD patients were evaluated: 25 pre-dialytic (PrD), 18 on dialysis (D) and 31 with:


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transplants (T) compared to 32 healthy participants (C). Saliva and serum analysis included creatinine (Cr), urea (U), calcium (Ca), phosphorous (P), magnesium (Mg) as well as intraoral pH levels.

**Results.** All patient groups presented high DCS. DCS and pH levels were higher in the D group with a positive correlation between pH and lower incisor DCS \( r = 0.56; P = 0.017 \). The highest salivary Ca was found in the PrD group. Salivary P in the PrD group was found to be higher than in the T and C groups. The lowest salivary Mg was found in the D group while the highest salivary Ca × P product was found in the PrD group. In all patient groups, salivary U was higher than in the C group with a 2.5-fold increase in the D group. Salivary Cr resembled the U salivary concentrations. **Conclusions.** Alterations in salivary Ca, P, Mg, U, Cr and intraoral pH levels were observed in the patient groups. DCS correlated with renal disease severity and therefore may be a reflection of other tissue calcification pathologies found in these patients.

**Keywords:** Ca × P product; chronic kidney disease; dental calculus; saliva; vascular calcifications

### Introduction

Dental calculus in healthy children is rare [1,2]; however, several studies have reported an elevated amount of calculus in the paediatric population with chronic kidney disease (CKD) [3–5].

Recently, we have reported a case with an abundant amount of dental calculus in an infant on dialysis that totally disappeared after kidney transplantation [6].

Dental calculus is a form of a calcification process in the oral cavity environment where calcium (Ca) and phosphorous (P) ions originating from saliva play a major role. This calculus is assembled through interaction with the dental plaque, which is a community of microorganisms found on the tooth surface as a biofilm [7]. In a healthy oral environment, saliva is supersaturated with Ca and P levels, however, without precipitation. Nonetheless, when this equilibrium is disturbed, dental calculus is formed enhanced by elevated salivary pH [8]. Dental calculus is formed with four different crystals of Ca–P: brushite, octa Ca–P, hydroxyapatite and whitlockite in which the most abundant crystals are the hydroxyapatite and octa Ca–P [9].

CKD is characterized by profound disturbances in Ca–P metabolism and increased Ca burden as a result of administration of Ca-based phosphate binders [10–14]. Cardiovascular complications related to abnormal Ca–P metabolism are the major cause of morbidity and mortality observed in CKD patients and particularly in end-stage renal disease (ESRD) [10–13]. Moreover, different manifestations of uraemic vasculopathy due to calcifications have been reported recently among the paediatric CKD population [14–19].

Since the quantification of dental calculus and its correlation with renal disease severity have not been previously studied in young CKD patients, our objectives were (1) to evaluate the dental calculus formation in young CKD patients and (2) to examine salivary mineral metabolism and intraoral mucosal pH levels with correlation to dental calculus formation in different stages of kidney function impairment.

### Methods

**Study population**

Upon approval by the Institutional Review Board for research on human subjects and informed consent, 106 children, adolescents and young adults were recruited and studied. The CKD patients were divided as follows: 25 pre-dialytic (PrD) patients, 18 patients on maintenance dialysis (8 on haemodialysis, 10 on peritoneal dialysis) (group D), and 31 transplanted patients with a functioning graft (group T).

All patients were treated at the Institute of Paediatric Nephrology, Schneider Children’s Medical Center of Israel, Petah Tiqva, Israel. Thirty-two healthy children without previous history of impaired renal function served as the control group (group C). This group was recruited and examined in the Department of Pediatric Dentistry at the Hebrew University—Hadassah School of Dental Medicine, Jerusalem, Israel (Table 1).

**Systemic variables**

The glomerular filtration rate (GFR) was calculated from the serum creatinine (Cr) according to the Schwartz formula [20]. Serum Cr, urea (U), Ca, P and magnesium (Mg) concentrations were measured using the Hitachi 917 autoanalyzer (Roche Ltd, Basel, Switzerland).

**Oral measurements**

All intraoral assessments were utilized by one examiner (ED). The degree of dental calculus formation was scored according to WHO oral hygiene indices [21,22]. Briefly, a score of 0 represents no calculus formation whereas a score of 3 represents supragingival calculus covering more than two-thirds of the exposed tooth surface or a continuous heavy band of subgingival calculus around the cervical portion of the tooth or both. Two locations were examined: (1) the lingual aspects of the mandibular incisors adjacent to the orifices of the submandibular glands and (2) the buccal aspects of the right and left first upper molars adjacent to the orifices of the parotid glands.

Unstimulated whole saliva was collected using the spitting method as previously described [23–26]. In brief, saliva collection was done in a quiet room between 8:00 and 12:00 AM. The subjects were refrained from eating, tooth brushing or using mouth wash rinses at least 1 h before spitting. They were asked to collect saliva in their mouth and to spit into a wide test tube for 5 min. Thereafter, the collected saliva was immediately delivered at 4°C and further kept at −80°C until analysis was performed.

Saliva samples were thawed, and then centrifuged (2000 g, 20 min, 250°C). The supernatants were analysed using the Hitachi 917 autoanalyzer (Roche Ltd), and the concentrations of U, Cr, Ca, P and Mg were measured. Measurement of citrate (Cit) concentrations was performed in five healthy subjects (C group) and five dialysis patients (D group) using the UV method with the Boehringer Mannheim kit (Darmstadt, Germany).

<table>
<thead>
<tr>
<th>Variables</th>
<th>Control</th>
<th>Pre-dialysis</th>
<th>Dialysis</th>
<th>Transplanted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender(M/F)</td>
<td>23/9</td>
<td>14/11</td>
<td>11/7</td>
<td>20/11</td>
</tr>
<tr>
<td>Age (years) ± SD</td>
<td>9.2 ± 2.7</td>
<td>12.6 ± 5</td>
<td>14.4 ± 3</td>
<td>14.7 ± 5</td>
</tr>
<tr>
<td>GFR (mean ± SEM, range)</td>
<td>ND</td>
<td>40.44 ± 3.72</td>
<td>NR</td>
<td>58.61 ± 3.15, 11.59–95.9**</td>
</tr>
</tbody>
</table>

GFR = glomerular filtration rate, ND = not determined, NR = not relevant.

*Significant difference between pre-dialytic and transplant groups.

**Significant difference from transplant group.

Table 1. Clinical data of 106 participants in the study

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**Note:**

- The table above shows the clinical data for 106 participants in the study, including gender, age, glomerular filtration rate (GFR), and saliva concentrations for calcium, phosphorus, magnesium, urea, and creatinine.

- The data are presented in a tabular format with columns for each variable and sub-columns for different patient groups (Control, Pre-dialysis, Dialysis, Transplanted).

- The table highlights significant differences in GFR between pre-dialytic and transplant groups, as well as between the transplant group and control group.
was calculated. Correlations between saliva parameters were analysed by ‘Spearman’ s correlation coefficient and the pH levels were analysed by ‘Pearson’ s correlation coefficient. The results between pairs of saliva parameters were analysed for continuous parameters. The results of pH parameters frequencies between categorical variables were analysed by the ‘chi square test’ and the ‘Fisher-Irwin exact test’. Medians, means and standard errors were calculated for continuous parameters. The results of pH parameters were calculated for continuous parameters. The results of pH parameters frequencies between categorical variables were analysed by the ‘chi square test’ and the ‘Fisher-Irwin exact test’. Medians, means and standard errors were calculated for continuous parameters. The results of pH parameters. The method is based on converting citric acid to oxaloacetate and acetate (by the enzyme citrate lyase), and then by other two enzymes (t-malate dehydrogenase and i-lactate dehydrogenase) reducing NADH to NAD+ that is stoichiometric to the amount of citrate. Reference intervals for 24-h urine collection are 290–1150 mg/24 h. The analytical sensitivity is 0.25 mg/dl.

Oxalate (Ox) levels in saliva were utilized in five healthy subjects (C group) and five dialysis patients (D group) with the Trinity Biotech kit (Wicklow, Ireland). Ox analysis in saliva was based on urinalysis and was performed on Olympus 2700 analyser using an enzymatic method. The method is based on converting oxalate to CO2 and H2O2 (by the enzyme oxalate oxidase), followed by H2O2 reaction with 3-methyl-2-benzothiazolinone hydrazone (MBTH) and 3-dimethylamino) benzoic acid (DMAB) in the presence of peroxidase, to yield an indamine dye. The intensity of the colour produced is directly proportional to the concentration of Ox in the sample. Reference intervals for 24-h urine collection are 7–45 mg/24 h for male, 4–31 mg/24 h for female and 13–38 mg/dl for children and were implemented to saliva calculation. The analytical sensitivity was 0.88 mg/dl.

Calculation composition was assessed in five dialysis patients using urinalysis calculi analysis kit (DiaSys Diagnostic Systems GmbH, Holzheim, Germany). The oral surface pH was assessed with a flat, glass electrode pH meter (HANNA instruments HI 8424, Padova, Italy) as previously described [26]. Two sets of measurements were applied at seven locations: the soft and hard palate, anterior, middle, and posterior tongue, right and left buccal mucosa. Five minutes were allowed between measurements [26].

Statistical analysis

Frequencies and percentages were calculated for categorical variables. The frequencies between categorical variables were analysed by the ‘chi square test’ and the ‘Fisher-Irwin exact test’. Medians, means and standard errors were calculated for continuous parameters. The results of pH parameters between subgroups of patients were compared by ‘one-way analysis-of-variance’ using the Bonferroni model. Due to large variability of salivary components, the ‘Kruskal–Wallis’ test was used to compare between salivary parameters. The results between pairs of saliva parameters were analysed using the Wilcoxon signed-rank test. The correlations between DCS and pH levels were analysed by ‘Pearson’s correlation coefficient’ and the correlations between saliva parameters were analysed by ‘Spearman’s correlation coefficient’. The significance level of the correlation coefficient was calculated.

Results

Dental calculus score

Calculus was not found in any individual of the C group (Table 2) as opposed to calculus formation in all the patient groups. The highest DCS was found in the D group with a significant difference from the PrD and T groups in both upper and lower sites (P = 0.0001). The T group patients exhibited the lowest DCS; however, with no significant difference from the PrD group. The scores were higher at the lower incisor site compared to the molar site in all study groups (Table 2).

Serum and saliva parameters

The serum parameters including Cr, Ca, P, Mg and U (group D only) are listed in Table 3.

The salivary Ca level in the PrD group was significantly higher compared to the D, C and T groups (3.7-fold: P = 0.0001, 2.5-fold: P = 0.05, 1.5-fold: P = 0.001, respectively). The Ca levels in the T group were found to be significantly higher than in the D group (means of 2.96 mg/dl and 1.18 mg/dl, respectively, P = 0.0001) and in the C group (means of 2.96 mg/dl and 1.78 mg/dl, respectively, P = 0.001). (Table 3).

Salivary P levels in the PrD group (mean = 21.5 mg/dl) were found to be significantly higher than in the T group (mean 15.4 mg/dl, P = 0.015) and C groups (mean 14.35 mg/dl, P = 0.001). In the D group, P levels were found to be higher than in the C group although not statistically significant (Table 3).

The salivary Mg concentrations in the D group (mean = 0.25 mg/dl) were found to be significantly lower than in the PrD (mean = 0.55 mg/dl, P = 0.0004), T (mean = 0.57 mg/dl, P = 0.002) and C groups (mean = 0.43 mg/dl, P = 0.017). The Mg values in the PrD group were found to be significantly higher than in the C group (P = 0.048) as depicted in Table 3.

The salivary Ca × P product in the PrD group was significantly higher (mean 117.74) than in the D, T and C groups (P = 0.0002, P = 0.01, P = 0.0001, respectively). The Ca × P product for the T group was also significantly higher than in the C and D groups (P = 0.002, P = 0.01, respectively) as shown in Table 3.

In all the patient groups D, PrD and T (mean = 83.9, 80.5, 52.7 mg/dl, respectively), salivary U concentration was significantly higher than in the C group (mean 31.6 mg/dl; P = 0.0002, P = 0.0001, P = 0.0001, respectively) with more than a 2.5-fold increase in the D group followed by the PrD and the T groups. A significant difference was also found between the PrD group and the T group (P = 0.007) (Table 3).

A significant correlation was found between GFR and salivary U concentrations in the PrD and T groups (r = −0.66, P = 0.001, r = −0.45, P = 0.022, respectively). Also, a significantly higher salivary U concentration was found in the D group followed by the PrD and the T groups (Table 3) and corresponding to DCS (Table 2).

The Cr salivary concentration pattern resembled the urea salivary concentration with significantly higher levels in the D group (mean 0.59 mg/dl) followed by the PrD (mean 0.4 mg/dl), T (mean 0.15 mg/dl) and C groups (mean 0.14 mg/dl) (Table 3).

Oral mucosal pH scores

Table 4 represents the average of pH scores from seven intraoral mucosal sites. The average of pH values in the D group was significantly higher (mean 7.38) than in the PrD group (mean 6.82, P = 0.001), the T group (mean 6.73, P = 0.0001) and the C group (mean 6.72, P = 0.0001). No statistically significant difference was found in pH scores between the PrD, the T and the C groups. A correlation between the average pH score and the DCS at the lower incisor

<table>
<thead>
<tr>
<th>Table 2. Dental calculus score for all groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>DCS (mean ± SD)</td>
</tr>
<tr>
<td>Lower incisors 0</td>
</tr>
<tr>
<td>Upper molars 0</td>
</tr>
</tbody>
</table>

*Significant difference from the control group.  
**Significant difference from the dialysis group.
Table 3. Serum and salivary biochemistry parameters in all examined groups

<table>
<thead>
<tr>
<th>Parameter [mean ± SEM (range) median]</th>
<th>Control</th>
<th>Pre-dialysis</th>
<th>Dialysis</th>
<th>Transplanted</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Blooda</td>
<td>Saliva</td>
<td>Blood</td>
<td>Saliva</td>
</tr>
<tr>
<td>Urea (mg/dl)</td>
<td>2–50</td>
<td>31.6 ± 2.8*, †</td>
<td>ND</td>
<td>80.5 ± 8.3*, †, ×</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(14–76) 26.5</td>
<td></td>
<td>(16–142) 77</td>
</tr>
<tr>
<td>Creatinine (mg/dl)</td>
<td>0.5–1.1</td>
<td>0.14 ± 0.02* ×</td>
<td>2.06 ± 0.27</td>
<td>0.40 ± 0.08*, †</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(0.06–0.44)</td>
<td>(0.81–5.7) 1.5</td>
<td>(0.02–2.1) 0.31</td>
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<tr>
<td></td>
<td></td>
<td>0.11</td>
<td></td>
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<tr>
<td>Calcium (mg/dl)</td>
<td>9.2–11</td>
<td>1.79 ± 0.17*, †</td>
<td>9.78 ± 0.2</td>
<td>4.41 ± 0.59* ×</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(0.5–4) 1.55</td>
<td>(6.9–11.5) 10</td>
<td>(1.5–11.1) 3.42</td>
</tr>
<tr>
<td>Phosphorus (mg/dl)</td>
<td>3–6</td>
<td>15.82 ± 1.15*</td>
<td>5.0 ± 0.25</td>
<td>23.22 ± 2.10*, †</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(7.2–41.2)</td>
<td></td>
<td>(9.3–52.3) 21.5</td>
</tr>
<tr>
<td>Magnesium (mg/dl)</td>
<td>1.6–2.4</td>
<td>0.46 ± 0.05* ×</td>
<td>ND</td>
<td>0.81 ± 0.16* ×</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(0.12–1.1) 0.43</td>
<td></td>
<td>(0.15–3.45) 0.55</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calcium × phosphorus product</td>
<td>30–55</td>
<td>27.9 ± 3.5* ×</td>
<td>48.45 ± 2.32</td>
<td>117.74 ± 28.07** ×</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(7.35–107.1) 22.7</td>
<td>(24.84–80.84)</td>
<td>(55.86–528.13) 67.75</td>
</tr>
</tbody>
</table>

ND = not determined.

*aNormal serum range adopted from [38].

*Significant difference from the control group.

†Significant difference from the dialysis group.

‡Significant difference from the pre-dialysis group.

§Significant difference from the transplant group.
...the D group patients versus the C group (pH probably due to the decrease in GFR and urinary excretion an elevated concentration of Ox in saliva was observed is dental calculus specifically in CKD patients. The fact that edge, no previous studies have explored Ca–Ox as part of the calculus composition in the most affected D patients (Table 5), we found that the Ox component was observed. To our knowledge, this study is the first to examine the Ca, P, U, Cr and Mg concentrations in saliva of these patients and the pH levels in the intraoral mucosal sites.

**Discussion**

To our knowledge, this study is the first to examine the dental calculus formation in young patients with different stages of chronic kidney disease (CKD) including pre-dialytic (PrD) patients on dialysis (D) and patients after kidney transplantation (T) compared to control healthy children. Considering the mechanism of the calcification process and the metabolic disturbances resulting from kidney dysfunction, we explored the Ca, P, U, Cr and Mg concentrations in the secreted saliva of these patients and the pH levels in intraoral mucosal sites.

DCS were found to be higher in the lingual aspect of the lower incisors in all the study groups (Table 2). This finding is consistent with previous observations of preferential calculus formation on the lingual surface of the six lower incisors due to their proximity to the orifices of the submandibular glands, which act as the reservoir of Ca and P ions [8]. Interestingly, when we further explored the calculus composition in the most affected D patients (Table 5), we found that the Ox component was observed. To our knowledge, no previous studies have explored Ca–Ox as part of dental calculus specifically in CKD patients. The fact that an elevated concentration of Ox in saliva was observed is probably due to the decrease in GFR and urinary excretion in these patients. Higher oral pH levels were established in the D group patients versus the C group (pH = 7.38, pH = 6.72, respectively, Table 3). In this condition, Ca–Ox saturation product becomes extremely high due to an equimolar increase in Ox as compared to Ca. Consequently, it will lead to a 10-fold higher increase in the saturation process and hence to higher risk in crystal deposition.

Dental calculus was not found in control subjects (Table 2) similar to pervious studies [1,2]. Interestingly, the most abundant amount of calculus was found in the D patient group, followed by the PrD group and the T group, clearly demonstrating that deterioration of the renal function is accompanied by calculus formation reaching its peak incidence in ESRD, and significantly improved after kidney transplantation.

Blood U and Cr levels serve as indicators for the severity of kidney disease. Previous studies have shown elevated levels of salivary U concentrations in patients with ESRD [27,28]. These observations correlate with our study where both salivary U and Cr levels changed in saliva according to the renal function, with the highest levels found in the D group (Table 3). U has been shown to facilitate dental plaque alkalization [8], and therefore may contribute to the highest rate of calculus formation in the D group (Figure 1). In the PrD and T groups, a significant...
Correlation was found between the GFR and the salivary U concentrations (results are not shown). This observation may help in the future to assess renal function in these two groups (i.e. PrD and T) by measuring salivary U concentration.

The highest measurement of oral mucosal pH was found in the D group corresponding to the salivary U concentrations in this group. Moreover, a correlation between average pH measurements and lower incisor DCS was found in this group (correlation coefficient $= 0.56$, $P = 0.017$). This observation can be explained by the abundant supply of U from the salivary gland secretion hydrolysed by bacteria with the release of ammonia, leading to an elevation of pH in the dental plaque and further promoting Ca and P precipitation [29,8].

The most significantly higher concentration of salivary Ca was found in the PrD group. This finding may be a reflection of the disturbed Ca metabolism in this patients’ group manifested by the high Ca burden followed by compensatory secretion in saliva. Salivary Ca levels during dialysis were reduced, probably in parallel to the reduction of Ca levels in the serum at this stage. A further decrease in salivary Ca secretion in the T group may be attributed to a decrease in the Ca burden due to the improved renal function and cessation of Ca-containing P-binder medications. Interestingly, Ca levels were still higher in the T group compared to controls, which is probably related to the still-existing Ca overload state (Table 2).

P concentrations in the saliva in all groups were higher than in the serum reaching almost a 5-fold increase in the PrD group corresponding to the active mechanism of P secretion from the salivary glands [30]. Recently, Savica et al. [31] have found a significant increase in salivary P levels in adult haemodialysis patients compared to healthy controls; serum phosphorus was the only predictor of increased excretion in saliva. The authors suggested that increased salivary P secretion might be interpreted as being compensatory in the presence of renal failure [31].

Consequently, upon renal function deterioration, more P is secreted in the saliva leading to precipitation with Ca and dental calculus formation as observed in this study (Figure 1).

Elevated plasma P levels and high Ca $\times$ P ion product play a key role in vascular calcifications, increasing the prevalence of morbidity and mortality in CKD patients [13,16,17,32–34]. Furthermore, several studies have shown that long-term exposure to disturbed mineral metabolism in paediatric CKD patients appears to contribute to the development of coronary artery calcifications in young adults with ESRD [13,19,35,36]. Vascular abnormalities are already present in children and adolescents during early stages of CKD. These abnormalities are more severe in children on dialysis, improve after kidney transplantation and are related to abnormal Ca–P metabolism. In recent years, attention has focused on the mechanism of the calcification process, its detection and monitoring as well as the role of Ca–P as potentially modifiable risk factor in the development and progression of vascular calcifications [16–18].

In this study, the salivary Ca $\times$ P product was significantly higher in the PrD group followed by the T group (Table 3). Interestingly, Ca $\times$ P product levels in the serum did not significantly change between the groups. This discrepancy between serum and saliva may be attributed to higher salivary P secretion as previously discussed, emphasizing the key role of P in dental calculus formation.

The lowest salivary Mg concentration was found in the D group (Table 1). Mg acts as an inhibitor ion of the calcification process further explaining the amplification of dental calculus formation in the D group. Interestingly, Grases et al. [37] showed previously less sialolithiasis formation in patients with higher salivary Mg concentrations [36].

In conclusion, our study clearly demonstrates a possible association between the severity of renal dysfunction in young patients and the formation of dental calculus—an additional manifestation of disturbed Ca–P homeostasis.

The combination of several components in saliva including Ca, P, U and Mg plays an important role in this process. The elevated Ox content finding in the D group patients’ saliva as well as a major component in their dental calculus may also contribute to the understanding of calculus formation process in CKD patients.

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Conflict of interest statement. None declared.

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