eFigure 2.
Changes in the midfoot maximum force (percentage of body weight) among children subgroups by frequency of using footwear at onset. Data presented as mean (standard error).
* Main effect of time in <3 d/wk group (P<.01).

eFigure 3.
Comparison of the arch index in the current study with those reported in other studies among children from the age of 7 to 10 years. Bosch et al19 (Germans) is the only longitudinal study. Gilmour and Burns20 (Australians) did not have results for the 7- to 9-year-older children.